

2022 Woodbridge 10k Prize/Award Winners

Male Open and Age Category Winners:

1 st :	Cooper Berry,	178,	Ipswich Harriers,	33:11
2 nd :	Tony Gavin,	485,	Felixstowe Road Runners,	33:42
3 rd :	Kit Evans Lombe,	310,	Shaftesbury Barnet Harriers,	34:15
M15-19:	Regan Tuck,	751,	Howard Construction,	36:15
M40:	Wayne De'Ath,	559,		34:21
M45:	Chris Leek,	84,	Framlingham Flyers,	37:01
M50:	Neil Turner,	401,	Shaftesbury Barnet Harriers,	37:28
M55:	Mark Allen,	317,	Ipswich Jaffa RC,	36:12
M60:	Andrew Budd,	373,	Capel Cheetahs,	43:51
M65:	Brian Rogers,	360,	Ipswich Jaffa,	41:00
M70:	Richard Owen,	390,		49:48

Female Open and Age Category Winners:

1 st :	Ruby Vinton,	271,	Shaftesbury Barnet Harriers,	38:17
2 nd :	Kat Parnell,	420,		39:30
3 rd :	Claire Miles,	774,		40:57
F15-19:	Daisy Abbott,	269,		45:06
F40:	Nicki Ripman,	663,		44:55
F45:	Suzi Whymark,	433,		47:56
F50:	Kaye Branton,	215,	Felixstowe Road Runners,	45:25
F55:	Sandra Mayhew,	727,		45:26
F60:	Ruth Acworth,	221,	Woodbridge Shufflers,	48:50
F65:	Vivienne Taylor,	399,	Framlingham Road Runners,	62:49

Trophies and Team Prizes:

Dick Dolan Trophy (Male): Kit Evans Lombe (310)

Dick Dolan Trophy (Female): Ruby Vinton (271)

Cherry James Trophy: Nicki Ripman (663)

JJ Award Trophy: Casper Le Fanu (243)

Mick Witham Award: Carl Baker (398)

1st Affiliated Team: Felixstowe Road Runners 1:48:24

1st Sponsor Team: Barker Gotelee 2:33:08