

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
1	Andrew	Rooke	Ipswich Jaffa RC	210	M	M 20 to 39	1 Top Fin	32:04	32:05
2	Ricky	Challinor	Team Andrea	5	M	M 20 to 39	2 Top Fin	33:10	33:10
3	James	McNally	Team Andrea	1	M	M 20 to 39	3 Top Fin	33:56	33:57
4	Jim	Last	Framlingham Flyers	40	M	M 40 to 44	1 M 40-44	36:23	36:24
5	Adam	Howlett	Framlingham Flyers	117	M	M 45 to 49	1 M 45-49	37:02	37:03
6	Mark	Clements	Ipswich Jaffa RC	541	M	M 20 to 39	1 M 20-39	37:19	37:20
7	Tom	Wake	Ipswich Jaffa RC	85	M	M 20 to 39	2 M 20-39	37:53	37:55
8	Neil	Turner		432	M	M 45 to 49	2 M 45-49	37:55	37:56
9	Darren	Sheppard	Framlingham Flyers	281	M	M 45 to 49	3 M 45-49	38:07	38:08
10	Steve	Cooper	Blackheath and Bromley Harriers Athletic Club	405	M	M 40 to 44	2 M 40-44	38:28	38:28
11	George	Fricker	Ipswich Harriers	514	M	M 15 to 19	1 M 0-19	38:29	38:32
12	James	Young		34	M	M 20 to 39	3 M 20-39	38:38	38:39
13	Nick	Hammond	Framlingham Flyers	159	M	M 45 to 49	4 M 45-49	38:39	38:40
14	Steve	Brooke	Felixstowe RRC	98	M	M 45 to 49	5 M 45-49	38:39	38:41
15	Cameron	Thick	Ipswich Jaffa RC	96	M	M 20 to 39	4 M 20-39	38:48	38:49
16	Ian	Westlake		450	M	M 20 to 39	5 M 20-39	38:53	38:54
17	Craig	Stuart		101	M	M 20 to 39	6 M 20-39	38:54	38:55
18	Nick	Smith		424	M	M 40 to 44	3 M 40-44	39:01	39:01
19	Jonathan	Cordle	Ipswich Triathlon Club	536	M	M 50 to 54	1 M 50-54	39:03	39:07
20	James	Humphreys	Ipswich Jaffa RC	221	M	M 20 to 39	7 M 20-39	39:06	39:09
21	Douglas	Hobson	St Albans Striders	251	M	M 20 to 39	8 M 20-39	39:12	39:14
22	Daniel	Jones	Haven Power	599	M	M 20 to 39	9 M 20-39	39:15	39:17
23	James	Cornish	Woodbridge Shufflers RC	396	M	M 20 to 39	10 M 20-39	39:17	39:19
24	Will	Aldred	Framlingham Flyers	83	M	M 45 to 49	6 M 45-49	39:20	39:23
25	Robin	Harper	Felixstowe RRC	162	M	M 40 to 44	4 M 40-44	39:22	39:24
26	Tim	Hanman	Ipswich Jaffa RC	534	M	M 45 to 49	7 M 45-49	39:40	39:41
27	Jon	Glanfield	Felixstowe RRC	236	M	M 20 to 39	11 M 20-39	39:39	39:42
28	Chris	Leek	Framlingham Flyers	149	M	M 40 to 44	5 M 40-44	39:40	39:42
29	Jason	Berry		571	M	M 45 to 49	8 M 45-49	39:43	39:46
30	John	Russell		242	M	M 40 to 44	6 M 40-44	39:49	39:52
31	Andy	Garvie		90	M	M 45 to 49	9 M 45-49	39:58	40:01
32	Kevin	Peirce	Ipswich Harriers	6	M	M 40 to 44	7 M 40-44	40:01	40:03
33	Mark	Hayden	Ipswich Harriers	354	M	M 40 to 44	8 M 40-44	40:19	40:23

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
34	Daniel	Ingleby	Ipswich Jaffa RC	237	M	M 20 to 39	12 M 20-39	40:21	40:24
35	Dylan	Pomietlo	Felixstowe RRC	176	M	M 20 to 39	13 M 20-39	40:22	40:25
36	Paul	Nickells	Woodbridge Shufflers RC	383	M	M 50 to 54	2 M 50-54	40:24	40:26
37	Jess	Farthing	Felixstowe RRC	520	M	M 40 to 44	9 M 40-44	40:22	40:26
38	Ashley	Smy	Ipswich Jaffa RC	341	M	M 20 to 39	14 M 20-39	40:28	40:29
39	Duncan	Cardwell	Adnams	620	M	M 45 to 49	10 M 45-49	40:33	40:37
40	John	Aldred	Framlingham Flyers	84	M	M 20 to 39	15 M 20-39	40:39	40:41
41	Jeff	Almeida-King		193	M	M 20 to 39	16 M 20-39	40:41	40:44
42	Mark	Allen	Adnams	619	M	M 45 to 49	11 M 45-49	40:40	40:44
43	Alice	Goodwin	Ipswich Harriers	414	F	F 15 to 19	1 Top Fin	40:49	40:50
44	Alistair	Dick	Ipswich Jaffa RC	218	M	M 50 to 54	3 M 50-54	40:50	40:51
45	Dave	Lumby	Ipswich Jaffa RC	14	M	M 55 to 59	1 M 55-59	40:57	40:59
46	Ben	Williams		16	M	M 20 to 39	17 M 20-39	41:00	41:03
47	Andy	Ellis	Felixstowe RRC	187	M	M 20 to 39	18 M 20-39	41:11	41:12
48	Alastair	Read	Felixstowe RRC	392	M	M 20 to 39	19 M 20-39	41:08	41:15
49	Tom	Jarrett	Ipswich Triathlon Club	553	M	M 40 to 44	10 M 40-44	41:14	41:17
50	Mark	Allen		290	M	M 50 to 54	4 M 50-54	41:15	41:19
51	Sam	Brooke	Felixstowe RRC	99	M	M 20 to 39	20 M 20-39	41:19	41:22
52	Ian	Duggan	Felixstowe RRC	80	M	M 50 to 54	5 M 50-54	41:23	41:28
53	Alexander	Evans Lombe		229	M	M 15 to 19	2 M 0-19	41:27	41:35
54	Steve	Garvie	Framlingham Flyers	107	M	M 45 to 49	12 M 45-49	41:33	41:36
55	Seph	Pochin	Formula One Circuit Crew	513	M	M 40 to 44	11 M 40-44	41:32	41:38
56	Brian	Rogers	Ipswich Jaffa RC	111	M	M 60 to 64	1 M 60-64	41:46	41:48
57	Davina	Greenwell	Team Andrea	4	F	F 20 to 39	2 Top Fin	41:52	41:55
58	Oliver	Gillespie		546	M	M 15 to 19	3 M 0-19	41:51	41:56
59	Paul	Clow	Airborne Fit	605	M	M 20 to 39	21 M 20-39	41:56	41:57
60	Harry	Fricker		204	M	M 15 to 19	4 M 0-19	42:05	42:07
61	Daniel	Clark	Felixstowe RRC	36	M	M 40 to 44	12 M 40-44	42:05	42:09
62	Stephen	Pugh	Adnams	615	M	M 55 to 59	2 M 55-59	42:13	42:18
63	Luke	Read	Airborne Fit	604	M	M 20 to 39	22 M 20-39	42:18	42:20
64	Thomas	Alexander	Woodbridge Shufflers RC	444	M	M 20 to 39	23 M 20-39	42:19	42:20
65	Paul	Osborne	Felixstowe RRC	313	M	M 40 to 44	13 M 40-44	42:13	42:20
66	Mark	Ford	Felixstowe RRC	24	M	M 50 to 54	6 M 50-54	42:14	42:21

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
67	Guy	Morris		434	M	M 50 to 54	7 M 50-54	42:16	42:22
68	Mark	Rose	Ipswich Jaffa RC	287	M	M 40 to 44	14 M 40-44	42:19	42:22
69	Chris	Souter	Howard Construction	635	M	M 40 to 44	15 M 40-44	42:23	42:25
70	Simon	Fenn	Hadleigh Hares AC	532	M	M 50 to 54	8 M 50-54	42:19	42:25
71	Andrew	Craig	Woodbridge Shufflers RC	55	M	M 40 to 44	16 M 40-44	42:26	42:30
72	Stuart	Green	Stowmarket Striders RC	153	M	M 55 to 59	3 M 55-59	42:28	42:31
73	James	Holland		586	M	M 40 to 44	17 M 40-44	42:30	42:34
74	Luke	Roberts		423	M	M 20 to 39	24 M 20-39	42:16	42:35
75	Ollie	Holloway	The Galley	707	M	M 20 to 39	25 M 20-39	42:30	42:35
76	Alex	Brigginshaw	Amarinth Pumps	749	M	M 45 to 49	13 M 45-49	42:24	42:36
77	Robin	Belsom	Ipswich Jaffa RC	201	M	M 55 to 59	4 M 55-59	42:32	42:37
78	Bill	Watson	Chapel Properties Woodbridge Ltd	677	M	M 50 to 54	9 M 50-54	42:32	42:40
79	Jordan	Smith		280	M	M 20 to 39	26 M 20-39	42:37	42:44
80	Stephen	Hicks	Ipswich Harriers	240	M	M 55 to 59	5 M 55-59	42:44	42:49
81	Inge	Nijkamp	Airborne Fit	606	F	F 20 to 39	3 Top Fin	42:53	42:56
82	Ollie	Johnson	The Galley	706	M	M 40 to 44	18 M 40-44	42:53	42:58
83	Tom	Fletcher		213	M	M 15 to 19	5 M 0-19	42:58	43:03
84	Ben	Cowley	Saxmundham Sports Running & Fitness Club	531	M	M 20 to 39	27 M 20-39	42:59	43:05
85	Matthew	Payne		182	M	M 20 to 39	28 M 20-39	43:06	43:10
86	Andrew	Callen	Diss and District AC	265	M	M 20 to 39	29 M 20-39	43:08	43:15
87	Charles	Hopkins		390	M	M 20 to 39	30 M 20-39	43:14	43:23
88	Mark	Lyttle	Haven Power	596	M	M 20 to 39	31 M 20-39	43:18	43:27
89	Steve	Palfrey		454	M	M 45 to 49	14 M 45-49	43:22	43:27
90	Matt	Davey	Tiptree Road Runners	22	M	M 20 to 39	32 M 20-39	43:21	43:28
91	Ady	Dale		381	M	M 40 to 44	19 M 40-44	43:13	43:29
92	Billy	Pryke	Haven Power	601	M	M 20 to 39	33 M 20-39	43:21	43:30
93	Simon	Sinclair		10	M	M 50 to 54	10 M 50-54	43:23	43:31
94	Tom	Allnut		173	M	M 20 to 39	34 M 20-39	43:25	43:33
95	Graham	Lazenby		402	M	M 20 to 39	35 M 20-39	43:29	43:34
96	Rosie	Horsefield	Airborne Fit	610	F	F 20 to 39	1 F 20-39	43:38	43:41
97	Joe	Fairbrother	Howard Construction	628	M	M 20 to 39	36 M 20-39	43:38	43:42
98	Ann	Zie	Gressingham Duck	646	F	F 45 to 49	1 F 45-49	43:36	43:49
99	Rob	Page	Ipswich Jaffa RC	52	M	M 20 to 39	37 M 20-39	43:55	43:55

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
100	Adrian	Goode	Felixstowe RRC	181	M	M 50 to 54	11 M 50-54	43:51	43:55
101	Phil	Skinner		555	M	M 20 to 39	38 M 20-39	43:50	43:56
102	Mark	Goodwin	Felixstowe RRC	100	M	M 40 to 44	20 M 40-44	43:54	43:57
103	Paul	Cooke		185	M	M 40 to 44	21 M 40-44	43:49	44:01
104	Jonathan	Barnes	Woodbridge Shufflers RC	562	M	M 40 to 44	22 M 40-44	43:56	44:02
105	Philip	Mills	Turks Head	764	M	M 20 to 39	39 M 20-39	44:00	44:04
106	Nathan	Ellis		112	M	M 40 to 44	23 M 40-44	43:58	44:06
107	Tom	Haslam	Saxmundham Sports Running & Fitness Club	183	M	M 45 to 49	15 M 45-49	44:01	44:07
108	Steve	Whittaker	Woodbridge Shufflers RC	116	M	M 50 to 54	12 M 50-54	44:11	44:16
109	Steven	Fosker		113	M	M 40 to 44	24 M 40-44	44:15	44:19
110	Mike	Linnett		337	M	M 50 to 54	13 M 50-54	44:12	44:21
111	Kevin	Whelan	Felixstowe RRC	564	M	M 50 to 54	14 M 50-54	44:16	44:23
112	Andrew	Clarke		510	M	M 45 to 49	16 M 45-49	44:15	44:28
113	David	Bowman	Airborne Fit	609	M	M 20 to 39	40 M 20-39	44:26	44:28
114	Paul	Cherry	Woodbridge Shufflers RC	35	M	M 45 to 49	17 M 45-49	44:19	44:29
115	Darren	Abbott		250	M	M 45 to 49	18 M 45-49	44:23	44:30
116	Rob	Squirrell		317	M	M 40 to 44	25 M 40-44	44:27	44:31
117	Gavin	Raby		31	M	M 20 to 39	41 M 20-39	44:26	44:32
118	Emilie	Wix	Woodbridge Shufflers RC	370	F	F 20 to 39	2 F 20-39	44:32	44:36
119	Thomas	Hunnisett	Saxmundham Sports Running & Fitness Club	245	M	M 20 to 39	42 M 20-39	44:45	44:46
120	Ray	Roberts	Felixstowe RRC	552	M	M 65 to 69	1 M 65-69	44:38	44:47
121	Samantha	Spencer	Ipswich Jaffa RC	413	F	F 20 to 39	3 F 20-39	44:46	44:49
122	Thomas	Hayden	Ipswich Harriers	355	M	M 15 to 19	6 M 0-19	44:51	44:56
123	Sean	Kennedy	Woodbridge Shufflers RC	215	M	M 20 to 39	43 M 20-39	44:55	45:01
124	Stuart	Moyes		102	M	M 40 to 44	26 M 40-44	44:57	45:03
125	Marian	Patten	Ipswich Harriers	407	F	F 15 to 19	1 F 0-19	45:04	45:06
126	Clayton	Fosker		202	M	M 20 to 39	44 M 20-39	45:05	45:11
127	David	Marsh		365	M	M 20 to 39	45 M 20-39	45:02	45:14
128	Rebecca	Barnett	The Galley	763	F	F 20 to 39	4 F 20-39	45:08	45:14
129	Carl	Berriman		397	M	M 45 to 49	19 M 45-49	45:08	45:18
130	Shaun	Good	Felixstowe RRC	320	M	M 50 to 54	15 M 50-54	45:09	45:18
131	Benjamin	Askew		487	M	M 40 to 44	27 M 40-44	45:17	45:24
132	Dan	Wildon		544	M	M 40 to 44	28 M 40-44	45:28	45:35

Woodbridge Shufflers 10K Race
 10K Overall Finish List
 May 14, 2017
 Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
133	Tim	Ripman		577	M	M 20 to 39	46 M 20-39	45:33	45:37
134	Mark	Drummond	The Galley	710	M	M 20 to 39	47 M 20-39	45:27	45:38
135	Adam	Clark		257	M	M 20 to 39	48 M 20-39	45:29	45:39
136	Jules	Herbert	Notcutts	725	M	M 45 to 49	20 M 45-49	45:22	45:39
137	Steve	Levinson		570	M	M 65 to 69	2 M 65-69	45:27	45:40
138	Gavin	Damant		438	M	M 20 to 39	49 M 20-39	45:34	45:42
139	Stuart	Moore	Airborne Fit	613	M	M 40 to 44	29 M 40-44	45:41	45:43
140	Mark	Flatman		468	M	M 40 to 44	30 M 40-44	45:39	45:44
141	Ben	Dean	Diss and District AC	230	M	M 20 to 39	50 M 20-39	45:41	45:48
142	Joe	Hindley		419	M	M 15 to 19	7 M 0-19	45:48	45:53
143	Anthony	Barsoum		291	M	M 20 to 39	51 M 20-39	45:40	45:54
144	Carl	Fitch		446	M	M 20 to 39	52 M 20-39	45:48	45:56
145	Gabriel	Martins	Ipswich Jaffa RC	325	M	M 45 to 49	21 M 45-49	45:49	45:59
146	James	Morfett		551	M	M 20 to 39	53 M 20-39	45:57	46:01
147	Elisa	Bostock	Team Andrea	2	F	F 20 to 39	5 F 20-39	45:59	46:02
148	John	Farthing		146	M	M 40 to 44	31 M 40-44	45:51	46:03
149	Katie	Card	Gilmour Piper	731	F	F 20 to 39	6 F 20-39	46:05	46:11
150	Federico	Paullier		145	M	M 20 to 39	54 M 20-39	45:59	46:12
151	Daniel	Shanks	Felixstowe RRC	17	M	M 40 to 44	32 M 40-44	46:04	46:15
152	Chris	Servant		452	M	M 50 to 54	16 M 50-54	46:15	46:18
153	Ricky	Burrows	Chapel Properties Woodbridge Ltd	672	M	M 20 to 39	55 M 20-39	46:13	46:20
154	Ker	Macrosson	Stowmarket Striders RC	475	M	M 60 to 64	2 M 60-64	46:17	46:29
155	Charlotte	Alexandrou		495	F	F 20 to 39	7 F 20-39	46:20	46:30
156	Richard	Owen		188	M	M 65 to 69	3 M 65-69	46:23	46:34
157	Oliver	Gray		502	M	M 20 to 39	56 M 20-39	46:32	46:36
158	Jack	Brammar		379	M	M 15 to 19	8 M 0-19	46:29	46:38
159	Scott	Gidman	Suffolk Coastal Norse	652	M	M 20 to 39	57 M 20-39	46:20	46:38
160	David	Tilley		382	M	M 40 to 44	33 M 40-44	46:21	46:38
161	James	Howard		252	M	M 20 to 39	58 M 20-39	46:30	46:40
162	David	Farrow		64	M	M 45 to 49	22 M 45-49	46:31	46:41
163	Alex	Hall	Notcutts	724	M	M 20 to 39	59 M 20-39	46:32	46:43
164	Robert	Hopkins		591	M	M 20 to 39	60 M 20-39	46:35	46:44
165	Sarah JC	Lewis	Woodbridge Shufflers RC	274	F	F 20 to 39	8 F 20-39	46:46	46:47

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
166	Marc	Whiting		509	M	M 40 to 44	34 M 40-44	46:35	46:48
167	Vaughan	Morris		20	M	M 55 to 59	6 M 55-59	46:40	46:49
168	Max	Hemson		332	M	M 20 to 39	61 M 20-39	46:37	46:53
169	Samantha	McNally	Team Andrea	3	F	F 20 to 39	9 F 20-39	46:37	46:55
170	Stuart	Wade		273	M	M 20 to 39	62 M 20-39	46:44	46:57
171	Simon	Hooton		517	M	M 45 to 49	23 M 45-49	46:49	46:57
172	Derek	Daly	Saxmundham Sports Running & Fitness Club	277	M	M 50 to 54	17 M 50-54	46:49	47:00
173	Steven	King	Felixstowe RRC	191	M	M 45 to 49	24 M 45-49	46:50	47:01
174	Nic	Ripman	Airborne Fit	611	F	F 20 to 39	10 F 20-39	46:54	47:06
175	James	Foreman	Brafe	715	M	M 20 to 39	63 M 20-39	47:00	47:08
176	Marion	Parker	Felixstowe RRC	469	F	F 50 to 54	1 F 50-54	46:57	47:09
177	William	Smith		61	M	M 20 to 39	64 M 20-39	47:03	47:11
178	Chris	Fox	Woodbridge Shufflers RC	574	M	M 50 to 54	18 M 50-54	47:02	47:13
179	Garry	Cullum	Ipswich Jaffa RC	154	M	M 40 to 44	35 M 40-44	47:09	47:16
180	Kevin	Holland		175	M	M 20 to 39	65 M 20-39	47:10	47:19
181	Chris	Johns	Just Bea	726	M	M 60 to 64	3 M 60-64	47:06	47:20
182	Dan	Sedgwick	Ipswich Jaffa RC	26	M	M 20 to 39	66 M 20-39	47:13	47:21
183	Richard	Dempsey	Woodbridge Shufflers RC	77	M	M 45 to 49	25 M 45-49	47:07	47:22
184	Karl	Webster		343	M	M 20 to 39	67 M 20-39	47:08	47:23
185	Michael	Sheldrake	Ipswich Jaffa RC	13	M	M 20 to 39	68 M 20-39	47:17	47:26
186	Jonathan	Hamilton	Chapel Properties Woodbridge Ltd	679	M	M 50 to 54	19 M 50-54	47:22	47:28
187	Glenn	Howard	Howard Construction	634	M	M 45 to 49	26 M 45-49	47:29	47:29
188	Hayley	Emmens		476	F	F 20 to 39	11 F 20-39	47:17	47:29
189	Phil	Davies	Ipswich Jaffa RC	88	M	M 50 to 54	20 M 50-54	47:29	47:32
190	Jordan	Bailey		115	M	M 20 to 39	69 M 20-39	47:25	47:34
191	Stephen	Parker		272	M	M 50 to 54	21 M 50-54	47:19	47:37
192	Gary	Lowe		92	M	M 55 to 59	7 M 55-59	47:09	47:37
193	Tim	Long	Ipswich Jaffa RC	74	M	M 55 to 59	8 M 55-59	47:24	47:38
194	Jake	Guest	The Galley	759	M	M 20 to 39	70 M 20-39	47:31	47:39
195	Guy	Hayward	Framlingham Flyers	417	M	M 45 to 49	27 M 45-49	47:27	47:43
196	John	Mckee	Framlingham Flyers	97	M	M 20 to 39	71 M 20-39	47:32	47:43
197	Martin	Andrews		592	M	M 20 to 39	72 M 20-39	47:27	47:45
198	Rob	Cazey		429	M	M 50 to 54	22 M 50-54	47:50	47:52

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
199	Thomas	Vale		489	M	M 20 to 39	73 M 20-39	47:43	47:56
200	Helen	Duggan	Felixstowe RRC	81	F	F 50 to 54	2 F 50-54	47:48	48:00
201	Peter	Woods	Felixstowe RRC	132	M	M 20 to 39	74 M 20-39	47:50	48:00
202	David	Hopkins		391	M	M 50 to 54	23 M 50-54	47:42	48:00
203	Daniel	Ager	Ipswich Jaffa RC	59	M	M 45 to 49	28 M 45-49	47:50	48:01
204	Matthew	Fitzgerald		406	M	M 45 to 49	29 M 45-49	47:55	48:04
205	Shane	Allum		566	M	M 20 to 39	75 M 20-39	48:02	48:07
206	Jon	Tooth		304	M	M 45 to 49	30 M 45-49	48:03	48:09
207	Ben	Taylor		575	M	M 40 to 44	36 M 40-44	47:58	48:13
208	Aaron	Sharp	Chapel Properties Woodbridge Ltd	675	M	M 20 to 39	76 M 20-39	47:53	48:17
209	Amy	Brammar	University of Birmingham AC and Cross Country Club	378	F	F 15 to 19	2 F 0-19	48:04	48:17
210	James	Burch		168	M	M 20 to 39	77 M 20-39	47:47	48:18
211	Alan	Hillyard	Ipswich Jaffa RC	286	M	M 55 to 59	9 M 55-59	48:16	48:19
212	Jonathan	Algeo		557	M	M 20 to 39	78 M 20-39	48:10	48:22
213	Ross	Copsey	Felixstowe RRC	386	M	M 20 to 39	79 M 20-39	48:09	48:23
214	Dereck	Fiddes		398	M	M 50 to 54	24 M 50-54	48:11	48:25
215	Matthew	Perks		199	M	M 20 to 39	80 M 20-39	48:19	48:25
216	Gary	Gillon	Haven Power	598	M	M 50 to 54	25 M 50-54	48:04	48:26
217	Sandy	Page		479	F	F 40 to 44	1 F 40-44	48:14	48:27
218	Simon	Page		480	M	M 45 to 49	31 M 45-49	48:16	48:29
219	Paul	Savage		449	M	M 40 to 44	37 M 40-44	48:16	48:32
220	Jamie	Scales		478	M	M 20 to 39	81 M 20-39	48:17	48:32
221	Jacob	Collins	Ipswich Jaffa RC	266	M	M 40 to 44	38 M 40-44	48:32	48:37
222	Stephen	Brown	Gotelee	768	M	M 20 to 39	82 M 20-39	48:24	48:37
223	Adrian	Hine	Felixstowe RRC	441	M	M 50 to 54	26 M 50-54	48:29	48:41
224	Lizzy	Cantwell	Adnams	617	F	F 20 to 39	12 F 20-39	48:26	48:42
225	Anthony	Mayston		65	M	M 55 to 59	10 M 55-59	48:32	48:44
226	Andre	Edwards		372	M	M 40 to 44	39 M 40-44	48:24	48:45
227	Sam	Crimp	Barretts of Woodbridge	744	M	M 20 to 39	83 M 20-39	48:39	48:51
228	Paul	Berriman		367	M	M 40 to 44	40 M 40-44	48:50	48:56
229	Ian	Akers	Brafe	714	M	M 40 to 44	41 M 40-44	48:44	49:00
230	David	Sharman-treliving		95	M	M 20 to 39	84 M 20-39	48:57	49:01
231	Greg	Dodds	The King's Head	735	M	M 40 to 44	42 M 40-44	48:45	49:02

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
232	Martin	Jarvis		518	M	M 40 to 44	43 M 40-44	48:55	49:03
233	Marcus	Long		44	M	M 20 to 39	85 M 20-39	48:45	49:05
234	Andrew	Marshall-Tierney		411	M	M 55 to 59	11 M 55-59	48:53	49:07
235	Cliff	Baldock		410	M	M 45 to 49	32 M 45-49	48:55	49:08
236	Ben	Childs		482	M	M 20 to 39	86 M 20-39	48:54	49:12
237	Kevin	Clements		48	M	M 20 to 39	87 M 20-39	49:04	49:15
238	Rod	Prime		262	M	M 50 to 54	27 M 50-54	48:50	49:20
239	Stephen	Didcott		393	M	M 50 to 54	28 M 50-54	49:22	49:22
240	Tom	Cummings		143	M	M 20 to 39	88 M 20-39	49:08	49:23
241	Chris	Perry		588	M	M 40 to 44	44 M 40-44	48:53	49:23
242	Ross	Compton		436	M	M 20 to 39	89 M 20-39	49:18	49:25
243	David	Lloyd		593	M	M 20 to 39	90 M 20-39	49:16	49:27
244	Thomas	Packer	Gressingham Duck	645	M	M 20 to 39	91 M 20-39	49:12	49:28
245	Daniel	Gould	Felixstowe RRC	30	M	M 40 to 44	45 M 40-44	49:21	49:31
246	Alison	Bills	Brafe	718	F	F 40 to 44	2 F 40-44	49:19	49:34
247	Iain	Catchpool	Ipswich Jaffa RC	334	M	M 50 to 54	29 M 50-54	49:38	49:41
248	Anna	Sinclair	Ipswich Triathlon Club	206	F	F 45 to 49	2 F 45-49	49:32	49:45
249	Carl	Witham		177	M	M 20 to 39	92 M 20-39	49:39	49:49
250	Kevin	Hall		56	M	M 20 to 39	93 M 20-39	49:39	49:49
251	Tom	Bond		503	M	M 20 to 39	94 M 20-39	49:36	49:53
252	Richard	Lister	The Galley	758	M	M 60 to 64	4 M 60-64	49:32	49:54
253	Mark	Andrews		207	M	M 50 to 54	30 M 50-54	49:39	49:55
254	Mark	Goldsmith		560	M	M 20 to 39	95 M 20-39	49:31	49:57
255	Richard	Shepherd	The Galley	699	M	M 20 to 39	96 M 20-39	49:52	50:01
256	Robert	Reason	Stowmarket Striders RC	23	M	M 50 to 54	31 M 50-54	49:45	50:01
257	Camilla	Shepherd	The Galley	698	F	F 20 to 39	13 F 20-39	49:54	50:03
258	Michael	Dale		375	M	M 60 to 64	5 M 60-64	49:50	50:05
259	Alistair	Mitchell	The Galley	692	M	M 45 to 49	33 M 45-49	49:57	50:09
260	Alistair	Goodier	Ipswich Jaffa RC	255	M	M 45 to 49	34 M 45-49	50:04	50:17
261	Catherine	Walsh	Ipswich Triathlon Club	194	F	F 45 to 49	3 F 45-49	49:55	50:18
262	Catherine	Belsom	Gotelee	772	F	F 45 to 49	4 F 45-49	49:57	50:19
263	Stephen	Wade		526	M	M 45 to 49	35 M 45-49	50:12	50:21
264	Lynsey	Leeks		361	F	F 20 to 39	14 F 20-39	50:05	50:25

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
265	Darren	Payne		125	M	M 50 to 54	32 M 50-54	50:12	50:30
266	Laura	Ripman		579	F	F 20 to 39	15 F 20-39	50:18	50:30
267	Fiona	Coe	The Galley	709	F	F 45 to 49	5 F 45-49	50:21	50:32
268	James	Calver	East of England Co Op	669	M	M 20 to 39	97 M 20-39	50:10	50:33
269	Mark	Pashler		345	M	M 45 to 49	36 M 45-49	50:11	50:34
270	Adam	May		550	M	M 20 to 39	98 M 20-39	50:25	50:37
271	Michael	Streat		234	M	M 50 to 54	33 M 50-54	50:21	50:38
272	Bryan	Bunn	Barretts of Woodbridge	742	M	M 45 to 49	37 M 45-49	50:20	50:39
273	Sandra	Mayhew	Stowmarket Striders RC	568	F	F 50 to 54	3 F 50-54	50:23	50:43
274	Amanda	Dunn	Hadleigh Hares AC	118	F	F 40 to 44	3 F 40-44	50:29	50:44
275	Tony	Moorcroft		7	M	M 50 to 54	34 M 50-54	50:34	50:46
276	Dom	Maudhoo	Kingsland Linassi	661	M	M 40 to 44	46 M 40-44	50:29	50:47
277	Daren	Broadway		180	M	M 45 to 49	38 M 45-49	50:33	50:50
278	James	Ratcliffe		481	M	M 40 to 44	47 M 40-44	50:39	50:51
279	Pippa	Wake	Ipswich Jaffa RC	86	F	F 20 to 39	16 F 20-39	50:36	50:54
280	David	Steward	Woodbridge Shufflers RC	327	M	M 50 to 54	35 M 50-54	50:42	50:58
281	Carl	Dunnett		359	M	M 40 to 44	48 M 40-44	50:43	50:59
282	Maureen	Kelly	Woodbridge Shufflers RC	353	F	F 50 to 54	4 F 50-54	50:37	51:00
283	Tim	Higgins	The Galley	700	M	M 50 to 54	36 M 50-54	50:49	51:00
284	Katy	Roberts		421	F	F 20 to 39	17 F 20-39	50:41	51:00
285	Arianne	Azmoodeh	The King's Head	733	F	F 20 to 39	18 F 20-39	50:40	51:00
286	Emily	Lowe	Woodbridge Shufflers RC	427	F	F 20 to 39	19 F 20-39	50:43	51:05
287	Ian	Carver		508	M	M 40 to 44	49 M 40-44	50:47	51:10
288	Jules	Lawrence		243	M	M 40 to 44	50 M 40-44	51:15	51:15
289	Cydney	Martin		224	F	F 15 to 19	3 F 0-19	50:47	51:16
290	Tim	Johnson		128	M	M 20 to 39	99 M 20-39	51:03	51:17
291	Michael	Martin		223	M	M 50 to 54	37 M 50-54	50:54	51:23
292	Russell	Cole	The Galley	704	M	M 20 to 39	100 M 20-39	51:04	51:24
293	Steven	Mitchell	Ipswich Jaffa RC	307	M	M 55 to 59	12 M 55-59	51:06	51:26
294	James	Bouldin	Framlingham Flyers	373	M	M 20 to 39	101 M 20-39	51:08	51:26
295	James	Wilcox	Howard Construction	637	M	M 45 to 49	39 M 45-49	51:19	51:29
296	Jason	Bixby		464	M	M 45 to 49	40 M 45-49	51:11	51:29
297	James	Norman		347	M	M 20 to 39	102 M 20-39	51:22	51:31

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
298	William	Coe	The Galley	708	M	M 45 to 49	41 M 45-49	51:18	51:32
299	Roelf	Schreurs		15	M	M 40 to 44	51 M 40-44	51:22	51:34
300	James	Theobald		8	M	M 20 to 39	103 M 20-39	51:26	51:36
301	Helen	Jerrold		37	F	F 20 to 39	20 F 20-39	51:19	51:38
302	Roger	Slade		344	M	M 45 to 49	42 M 45-49	51:12	51:38
303	Peter	Finch		93	M	M 55 to 59	13 M 55-59	51:23	51:40
304	Chris	Bond	Notcutts	722	M	M 20 to 39	104 M 20-39	51:19	51:40
305	Steven	Seinet-Martin		364	M	M 60 to 64	6 M 60-64	51:21	51:43
306	Gary	Ingram	Suffolk Coastal Norse	650	M	M 20 to 39	105 M 20-39	51:32	51:44
307	Christopher	Long		538	M	M 15 to 19	9 M 0-19	51:30	51:45
308	Henry	Leeson		256	M	M 50 to 54	38 M 50-54	51:26	51:45
309	Jon	Moodie	Framlingham Flyers	278	M	M 45 to 49	43 M 45-49	51:28	51:46
310	Annabel	Leech		314	F	F 20 to 39	21 F 20-39	51:25	51:46
311	David	Seymour	Felixstowe RRC	235	M	M 55 to 59	14 M 55-59	51:36	51:47
312	Amanda	Deacon	Gressingham Duck	643	F	F 20 to 39	22 F 20-39	51:34	51:49
313	Richard	Fellingham	Stowmarket Striders RC	346	M	M 65 to 69	4 M 65-69	51:32	51:49
314	Matt	Cummings	Amarinth Pumps	755	M	M 20 to 39	106 M 20-39	51:26	51:50
315	Joe	Ward	Haven Power	597	M	M 45 to 49	44 M 45-49	51:28	51:51
316	Faye	Dodwell	Brafe	719	F	F 20 to 39	23 F 20-39	51:26	51:51
317	Emily	Fisk		360	F	F 20 to 39	24 F 20-39	51:31	51:51
318	Stuart	Abbott	Amarinth Pumps	751	M	M 40 to 44	52 M 40-44	51:31	51:55
319	Nektarios	Georgalas		38	M	M 45 to 49	45 M 45-49	51:38	51:55
320	Richard	Smith	Felixstowe RRC	340	M	M 55 to 59	15 M 55-59	51:35	51:55
321	Andrew	Stroud		333	M	M 45 to 49	46 M 45-49	51:33	51:59
322	Aidan	Norris		105	M	M 40 to 44	53 M 40-44	51:23	51:59
323	Mon	Lee	Ipswich Jaffa RC	554	M	M 55 to 59	16 M 55-59	51:38	51:59
324	Katie	Mehmet	Howard Construction	636	F	F 40 to 44	4 F 40-44	51:53	52:00
325	Howard	Allen		123	M	M 45 to 49	47 M 45-49	51:41	52:01
326	Elsa	Cooney		581	F	F 15 to 19	4 F 0-19	51:39	52:04
327	Kate	Smith	Haven Power	603	F	F 20 to 39	25 F 20-39	51:50	52:04
328	Michael	Grist	Barretts of Woodbridge	737	M	M 50 to 54	39 M 50-54	51:50	52:05
329	Carly	Smith		440	F	F 20 to 39	26 F 20-39	51:50	52:06
330	Ben	Rowley		225	M	M 20 to 39	107 M 20-39	51:37	52:07

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
331	Josh	Hembry		172	M	M 20 to 39	108 M 20-39	51:41	52:08
332	Mark	Avery	Ipswich Jaffa RC	157	M	M 50 to 54	40 M 50-54	51:52	52:09
333	Paul	Sheldrake		104	M	M 40 to 44	54 M 40-44	51:53	52:14
334	Emma	Gammons	Felixstowe RRC	21	F	F 20 to 39	27 F 20-39	52:04	52:15
335	Holly	Game	Barretts of Woodbridge	747	F	F 20 to 39	28 F 20-39	51:53	52:15
336	Gavin	Hasnip		533	M	M 20 to 39	109 M 20-39	51:58	52:16
337	Mark	Sargeantson	Framlingham Flyers	219	M	M 60 to 64	7 M 60-64	52:08	52:17
338	Sarah	Severwright	Felixstowe RRC	362	F	F 20 to 39	29 F 20-39	52:06	52:20
339	David	Farrow		71	M	M 20 to 39	110 M 20-39	52:11	52:22
340	Jeff	Allum		192	M	M 40 to 44	55 M 40-44	52:03	52:22
341	Richard	Attenborrow		326	M	M 65 to 69	5 M 65-69	51:57	52:25
342	Emma	Needham		228	F	F 20 to 39	30 F 20-39	52:14	52:39
343	Toby	Cook		590	M	M 20 to 39	111 M 20-39	52:27	52:41
344	Paul	Hannatt	Brafe	713	M	M 40 to 44	56 M 40-44	52:26	52:42
345	Yasmin	Ruia	Woodbridge Complementary Health Centre	762	F	F 20 to 39	31 F 20-39	52:31	52:43
346	Alex	Morrison		357	M	M 55 to 59	17 M 55-59	52:31	52:45
347	Calvin	Meek	Notcutts	723	M	M 20 to 39	112 M 20-39	52:24	52:46
348	Michael	Howard	Howard Construction	630	M	M 45 to 49	48 M 45-49	52:39	52:47
349	Mark	Allen	Woodbridge Shufflers RC	179	M	M 55 to 59	18 M 55-59	52:26	52:48
350	Andrew	Rice		499	M	M 50 to 54	41 M 50-54	52:21	52:48
351	David	Taylor	Framlingham Flyers	248	M	M 65 to 69	6 M 65-69	52:34	52:52
352	Hugo	King		498	M	M 15 to 19	10 M 0-19	52:13	52:56
353	John	Bradshaw	Barker Gotelee	624	M	M 45 to 49	49 M 45-49	52:34	52:57
354	Jon	Humphreys		222	M	M 55 to 59	19 M 55-59	52:33	52:57
355	Caroline	Green		292	F	F 20 to 39	32 F 20-39	52:38	52:58
356	Sally	Damms		556	F	F 20 to 39	33 F 20-39	52:52	53:00
357	Jon	Dodman		543	M	M 45 to 49	50 M 45-49	52:41	53:02
358	Mike	Temple	Airborne Fit	612	M	M 40 to 44	57 M 40-44	52:17	53:04
359	Patrick	Twist		380	M	M 20 to 39	113 M 20-39	52:47	53:05
360	Lucy	Richardson	Planet Music	622	F	F 20 to 39	34 F 20-39	52:27	53:06
361	Gary	Pilkington		246	M	M 45 to 49	51 M 45-49	52:32	53:10
362	Anthony	Hagen	The Galley	712	M	M 40 to 44	58 M 40-44	52:49	53:10
363	Daisy	Shaw		294	F	F 15 to 19	5 F 0-19	52:44	53:11

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
364	Clare	Moodie	Framlingham Flyers	525	F	F 40 to 44	5 F 40-44	52:53	53:12
365	Duncan	Chamberlain	Ipswich Jaffa RC	76	M	M 50 to 54	42 M 50-54	52:58	53:19
366	Stephen	Reay		530	M	M 40 to 44	59 M 40-44	53:12	53:20
367	Nick	Ray	Airborne Fit	607	M	M 45 to 49	52 M 45-49	52:56	53:21
368	Jason	Mann		174	M	M 45 to 49	53 M 45-49	53:02	53:22
369	Adam	Lubbock	Brafe	720	M	M 45 to 49	54 M 45-49	53:07	53:22
370	Joanne	Harper	Felixstowe RRC	387	F	F 20 to 39	35 F 20-39	53:01	53:23
371	Mel	Sherman	Ipswich Jaffa RC	39	F	F 40 to 44	6 F 40-44	53:06	53:24
372	Nick	Good	Ipswich Jaffa RC	585	M	M 50 to 54	43 M 50-54	53:07	53:25
373	Malcolm	Hibbert		161	M	M 40 to 44	60 M 40-44	53:05	53:27
374	Stephen	Wade		537	M	M 50 to 54	44 M 50-54	52:51	53:29
375	Nicola	Weldon	Gotelee	771	F	F 20 to 39	36 F 20-39	53:17	53:30
376	Max	Mayston		66	M	M 20 to 39	114 M 20-39	53:17	53:34
377	Jack	O'Sullivan		244	M	M 20 to 39	115 M 20-39	52:58	53:40
378	Chris	Childs		455	M	M 45 to 49	55 M 45-49	53:18	53:41
379	Paul	McGregor		89	M	M 55 to 59	20 M 55-59	53:16	53:47
380	Goldie	Yule		25	F	F 40 to 44	7 F 40-44	53:25	53:52
381	Melody-Anne	Neville	Stowmarket Striders RC	134	F	F 45 to 49	6 F 45-49	53:41	53:55
382	Bill	Richmond	The Galley	693	M	M 50 to 54	45 M 50-54	53:56	53:56
383	Katie	Abbott		350	F	F 20 to 39	37 F 20-39	53:43	53:58
384	Nick	Tuck	Kingsland Linassi	662	M	M 40 to 44	61 M 40-44	53:40	53:58
385	Juliet	Rhodes		68	F	F 55 to 59	1 F 55-59	53:47	54:00
386	Lisa	Gunstone	Just Bea	728	F	F 50 to 54	5 F 50-54	53:36	54:01
387	Sarah	Proffitt	Felixstowe RRC	573	F	F 40 to 44	8 F 40-44	53:36	54:02
388	Richard	Webster	Woodbridge Shufflers RC	342	M	M 50 to 54	46 M 50-54	53:49	54:03
389	Emma	Birchley		433	F	F 40 to 44	9 F 40-44	53:37	54:03
390	Jamie	Lawton		32	M	M 20 to 39	116 M 20-39	54:04	54:04
391	Christopher	Lucas	Saxmundham Sports Running & Fitness Club	63	M	M 55 to 59	21 M 55-59	53:45	54:06
392	Katie	Churchyard		477	F	F 20 to 39	38 F 20-39	53:46	54:09
393	Neal	Churchyard	Brafe	716	M	M 55 to 59	22 M 55-59	53:46	54:10
394	Jason	Cotton	Haven Power	760	M	M 20 to 39	117 M 20-39	53:47	54:10
395	Gemma	Beckett	Felixstowe RRC	385	F	F 20 to 39	39 F 20-39	53:50	54:11
396	Emma	Gray		282	F	F 20 to 39	40 F 20-39	53:54	54:13

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
397	Zain	O'Sullivan		276	M	M 20 to 39	118 M 20-39	53:52	54:13
398	Mark	French		437	M	M 50 to 54	47 M 50-54	53:41	54:14
399	Duncan	Reed	Amarinth Pumps	750	M	M 20 to 39	119 M 20-39	53:48	54:16
400	Jonny	Miles		358	M	M 20 to 39	120 M 20-39	53:41	54:16
401	Vicky	Westlake	Haven Power	602	F	F 20 to 39	41 F 20-39	54:03	54:17
402	Tim	Hanson	Turks Head	765	M	M 45 to 49	56 M 45-49	54:02	54:18
403	Sean	Meaden		422	M	M 20 to 39	121 M 20-39	53:59	54:19
404	Hannah	Linger	Ipswich Triathlon Club	395	F	F 20 to 39	42 F 20-39	53:57	54:21
405	Patrick	Cooney		580	M	M 50 to 54	48 M 50-54	54:01	54:25
406	Nick	Jarrold	Ipswich Jaffa RC	241	M	M 20 to 39	122 M 20-39	53:55	54:25
407	Karl	Harris		54	M	M 20 to 39	123 M 20-39	54:13	54:28
408	Mark	Newman	Gilmour Piper	729	M	M 20 to 39	124 M 20-39	53:42	54:31
409	Aaron	Hiles		500	M	M 20 to 39	125 M 20-39	54:19	54:36
410	Joanne	Hutt		302	F	F 40 to 44	10 F 40-44	54:16	54:38
411	Christian	Pawsey	Gressingham Duck	647	M	M 50 to 54	49 M 50-54	54:25	54:39
412	Andrew	Soames	Chapel Properties Woodbridge Ltd	674	M	M 50 to 54	50 M 50-54	54:13	54:40
413	Tim	Canham		28	M	M 40 to 44	62 M 40-44	54:15	54:42
414	Ash	Carver	Suffolk Coastal Norse	653	M	M 20 to 39	126 M 20-39	54:20	54:43
415	Abigail	Canham		29	F	F 20 to 39	43 F 20-39	54:19	54:45
416	Keith	Fisher		299	M	M 55 to 59	23 M 55-59	54:12	54:51
417	Scott	Gillies		156	M	M 50 to 54	51 M 50-54	54:29	54:56
418	Henry	Dunham	Barretts of Woodbridge	743	M	M 20 to 39	127 M 20-39	54:51	55:00
419	Oliver	Johnson	Amarinth Pumps	754	M	M 40 to 44	63 M 40-44	54:55	55:16
420	Ruth	Owen		275	F	F 20 to 39	44 F 20-39	55:00	55:21
421	Darren	Bond	Ipswich Jaffa RC	120	M	M 50 to 54	52 M 50-54	55:02	55:24
422	Jade	Macfarlane		208	F	F 20 to 39	45 F 20-39	55:06	55:26
423	Rebecca	Featherstone		493	F	F 20 to 39	46 F 20-39	55:07	55:27
424	Natalie	Daniel		415	F	F 20 to 39	47 F 20-39	54:51	55:32
425	Holly	Burrows	Chapel Properties Woodbridge Ltd	673	F	F 20 to 39	48 F 20-39	55:01	55:34
426	Andrew	Gilbert	Ipswich Triathlon Club	490	M	M 20 to 39	128 M 20-39	55:14	55:36
427	Lauren	Fairs		494	F	F 20 to 39	49 F 20-39	55:20	55:39
428	Richard	Pearce	Ipswich Jaffa RC	211	M	M 55 to 59	24 M 55-59	55:08	55:39
429	Gerry	McCarthy		335	M	M 60 to 64	8 M 60-64	55:18	55:54

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
430	Rachel	Dixey	Felixstowe RRC	261	F	F 40 to 44	11 F 40-44	55:17	55:55
431	Roger	Stone	Felixstowe RRC	260	M	M 45 to 49	57 M 45-49	55:18	55:55
432	Adam	Thorpe		122	M	M 20 to 39	129 M 20-39	55:39	56:00
433	Sarah	Baker		170	F	F 20 to 39	50 F 20-39	55:58	56:02
434	Michelle	Gooding		94	F	F 40 to 44	12 F 40-44	55:58	56:02
435	Daniel	Felgate		279	M	M 20 to 39	130 M 20-39	55:48	56:05
436	Kate	Clapton		49	F	F 20 to 39	51 F 20-39	55:30	56:09
437	Stafford	Taylor		356	M	M 40 to 44	64 M 40-44	55:58	56:13
438	Abraham	Akbareian	Amarinth Pumps	756	M	M 20 to 39	131 M 20-39	55:50	56:15
439	Carl	Jarrett	Felixstowe RRC	140	M	M 40 to 44	65 M 40-44	55:51	56:15
440	Hayley	Hannatt	Brafe	717	F	F 40 to 44	13 F 40-44	55:43	56:15
441	Danny	Wheddon	Kingsland Linassi	663	M	M 20 to 39	132 M 20-39	55:48	56:16
442	Aidan	Simmen	Kingsland Linassi	658	M	M 45 to 49	58 M 45-49	55:48	56:16
443	Justin	Phillips	Kingsland Linassi	659	M	M 20 to 39	133 M 20-39	55:48	56:16
444	Melanie	Harrell	The Galley	682	F	F 20 to 39	52 F 20-39	55:51	56:17
445	Miles	Vartan		473	M	M 50 to 54	53 M 50-54	55:48	56:19
446	Jeremy	Gray		124	M	M 50 to 54	54 M 50-54	55:52	56:19
447	Simon	Askew		488	M	M 40 to 44	66 M 40-44	56:15	56:21
448	Darron	Jackson		160	M	M 40 to 44	67 M 40-44	56:12	56:26
449	Charlotte	Durrant	Just Bea	727	F	F 20 to 39	53 F 20-39	56:01	56:26
450	Simon	Hedge	Felixstowe RRC	329	M	M 45 to 49	59 M 45-49	55:51	56:28
451	Allison	Weston	Airborne Fit	608	F	F 50 to 54	6 F 50-54	56:04	56:29
452	Sally	Connick		151	F	F 40 to 44	14 F 40-44	56:04	56:29
453	Lara	Bryant	Planet Music	623	F	F 20 to 39	54 F 20-39	55:56	56:36
454	Phil	Green	Planet Music	621	M	M 45 to 49	60 M 45-49	55:57	56:37
455	Dave	Churchyard		69	M	M 20 to 39	134 M 20-39	56:24	56:40
456	Faye	Hubbard		504	F	F 20 to 39	55 F 20-39	56:17	56:41
457	Amy	Lever		505	F	F 20 to 39	56 F 20-39	56:17	56:41
458	Filipe	Tome	Gressingham Duck	640	M	M 20 to 39	135 M 20-39	56:23	56:41
459	Chris	Dack	Howard Construction	633	M	M 50 to 54	55 M 50-54	56:06	56:42
460	Stuart	Hollingsworth	Felixstowe RRC	540	M	M 45 to 49	61 M 45-49	56:03	56:44
461	Jeremy	Sore		296	M	M 50 to 54	56 M 50-54	56:07	56:47
462	Debbie	Hart		519	F	F 45 to 49	7 F 45-49	56:06	56:47

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
463	Kayleigh	Thorne		127	F	F 20 to 39	57 F 20-39	56:04	56:48
464	David	Thorne		126	M	M 20 to 39	136 M 20-39	56:04	56:48
465	Rachel	Goodwin		231	F	F 40 to 44	15 F 40-44	56:17	56:49
466	Neil	Wilcockson	Howard Construction	632	M	M 45 to 49	62 M 45-49	56:28	56:52
467	Mark	Emms	Suffolk Coastal Norse	648	M	M 40 to 44	68 M 40-44	56:21	56:53
468	Gemma	Cannon	Woodbridge Shufflers RC	108	F	F 20 to 39	58 F 20-39	56:22	56:55
469	Mark	Banham	Felixstowe RRC	152	M	M 50 to 54	57 M 50-54	56:34	57:08
470	Karen	Chamberlain	Ipswich Jaffa RC	75	F	F 45 to 49	8 F 45-49	56:36	57:10
471	Rebekah	Davis		527	F	F 20 to 39	59 F 20-39	56:45	57:17
472	Sally	Stowe	Chapel Properties Woodbridge Ltd	671	F	F 45 to 49	9 F 45-49	56:41	57:18
473	Emma	Crisp	Chapel Properties Woodbridge Ltd	676	F	F 15 to 19	6 F 0-19	56:56	57:21
474	Mike	Hill	Framlingham Flyers	363	M	M 65 to 69	7 M 65-69	56:53	57:22
475	Ben	Kay	Kingsland Linassi	666	M	M 20 to 39	137 M 20-39	56:54	57:23
476	Sam	Linassi	Kingsland Linassi	655	F	F 40 to 44	16 F 40-44	56:54	57:24
477	Mark	Crisp	Chapel Properties Woodbridge Ltd	670	M	M 50 to 54	58 M 50-54	56:59	57:24
478	Hayley	Coles	Woodbridge School	757	F	F 20 to 39	60 F 20-39	56:44	57:24
479	Susi	Rooke		58	F	F 45 to 49	10 F 45-49	56:55	57:30
480	Colleen	Morgan		288	F	F 50 to 54	7 F 50-54	57:14	57:32
481	Laura	Collinson		45	F	F 45 to 49	11 F 45-49	57:11	57:36
482	Alisa	Newman		283	F	F 20 to 39	61 F 20-39	57:20	57:37
483	Jonathan	Kent		11	M	M 45 to 49	63 M 45-49	57:10	57:39
484	Malcolm	Gleed		305	M	M 45 to 49	64 M 45-49	57:04	57:41
485	Arabella	Lewendon	Stowmarket Striders RC	41	F	F 50 to 54	8 F 50-54	57:08	57:42
486	Liz	Beighton	Felixstowe RRC	312	F	F 40 to 44	17 F 40-44	57:10	57:44
487	Andrew	Foremam	Amarinth Pumps	752	M	M 50 to 54	59 M 50-54	57:19	57:45
488	Sarah	Howe	Adnams	618	F	F 20 to 39	62 F 20-39	57:14	57:52
489	Rosa	Hibbert		589	F	F 15 to 19	7 F 0-19	57:26	57:59
490	Mark	Anderson		309	M	M 55 to 59	25 M 55-59	57:26	58:08
491	Anna	Sharpin		303	F	F 45 to 49	12 F 45-49	57:31	58:10
492	Courtney	Turner	Felixstowe RRC	388	F	F 15 to 19	8 F 0-19	57:50	58:13
493	William	Buchanan	Gressingham Duck	638	M	M 45 to 49	65 M 45-49	58:12	58:27
494	Paul	Newson		271	M	M 55 to 59	26 M 55-59	57:46	58:28
495	Stuart	Buchanan		106	M	M 40 to 44	69 M 40-44	57:56	58:32

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
496	Amanda	Prior	Barker Gotelee	625	F	F 45 to 49	13 F 45-49	58:09	58:34
497	Maureen	Wright	Ipswich Jaffa RC	491	F	F 70+	1 F 70-99	57:59	58:36
498	Faye	Knight		484	F	F 20 to 39	63 F 20-39	58:09	58:41
499	Anna	Mason		524	F	F 40 to 44	18 F 40-44	58:06	58:45
500	Sue	Ellis	Barker Gotelee	626	F	F 45 to 49	14 F 45-49	58:23	58:46
501	Andrew	Cocker		217	M	M 50 to 54	60 M 50-54	58:18	58:57
502	Kendra	Hammond	Stowmarket Striders RC	462	F	F 20 to 39	64 F 20-39	58:25	59:03
503	Martin	Stanley		139	M	M 50 to 54	61 M 50-54	58:26	59:04
504	Jackie	Collins	Felixstowe RRC	67	F	F 50 to 54	9 F 50-54	58:31	59:06
505	Mark	Crompton		306	M	M 50 to 54	62 M 50-54	58:37	59:10
506	Beth	Wheatley		529	F	F 20 to 39	65 F 20-39	58:46	59:10
507	Alan	Gray		461	M	M 55 to 59	27 M 55-59	58:31	59:14
508	Amanda	Childs	Suffolk Coastal Norse	654	F	F 45 to 49	15 F 45-49	58:43	59:17
509	Jenny	Lynch	Felixstowe RRC	542	F	F 50 to 54	10 F 50-54	58:48	59:22
510	Georgina	Dickins		60	F	F 20 to 39	66 F 20-39	59:11	59:26
511	Andrew	Albins		569	M	M 40 to 44	70 M 40-44	59:00	59:28
512	Lynsey	Groom		57	F	F 20 to 39	67 F 20-39	59:11	59:31
513	Bex	Gilbert	Felixstowe RRC	576	F	F 20 to 39	68 F 20-39	58:55	59:31
514	Laura Anne	Mallion	The Galley	711	F	F 20 to 39	69 F 20-39	59:00	59:32
515	Tracey	Childs		483	F	F 20 to 39	70 F 20-39	59:02	59:33
516	Matt	Cottrell	The Galley	685	M	M 50 to 54	63 M 50-54	59:15	59:33
517	Ian	Bodsworth	Hadleigh Hares AC	511	M	M 20 to 39	138 M 20-39	59:02	59:34
518	Ugur	Vata	The Galley	680	M	M 50 to 54	64 M 50-54	59:00	59:35
519	David	Atkins		33	M	M 50 to 54	65 M 50-54	58:58	59:35
520	Clark	Skates		284	M	M 55 to 59	28 M 55-59	59:09	59:36
521	Alok	Ruia	Woodbridge Shufflers RC	559	M	M 50 to 54	66 M 50-54	59:09	59:36
522	Belinda	Palmer-Barnes	Great Bentley Running Club	486	F	F 55 to 59	2 F 55-59	59:06	59:37
523	Paul	Buckingham		451	M	M 50 to 54	67 M 50-54	59:05	59:38
524	Ian	Corneby		404	M	M 45 to 49	66 M 45-49	59:08	59:44
525	Charlotte	Downing	The Galley	703	F	F 40 to 44	19 F 40-44	59:18	59:47
526	Gavin	Boag	Stowmarket Striders RC	463	M	M 20 to 39	139 M 20-39	59:11	59:49
527	Fiona	Smith		209	F	F 45 to 49	16 F 45-49	59:15	59:52
528	Ant	Whitaker		349	M	M 50 to 54	68 M 50-54	59:25	59:53

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
529	Debbie	Wiseman		338	F	F 40 to 44	20 F 40-44	59:09	59:53
530	Dionne	Hewitt-Magee	The Galley	681	F	F 45 to 49	17 F 45-49	59:23	59:55
531	Louise	Fletcher	The Galley	701	F	F 45 to 49	18 F 45-49	59:29	59:58
532	Laura	Melville		528	F	F 20 to 39	71 F 20-39	59:34	59:58
533	Helen	Rankin		109	F	F 45 to 49	19 F 45-49	59:25	59:58
534	Alison	Andrews		310	F	F 40 to 44	21 F 40-44	59:17	59:59
535	Katy	Kiernan		295	F	F 40 to 44	22 F 40-44	59:24	1:00:00
536	Nicole	Green		138	F	F 20 to 39	72 F 20-39	59:42	1:00:12
537	Jo	Whelan	Felixstowe RRC	563	F	F 55 to 59	3 F 55-59	59:40	1:00:19
538	Kate	Long	Felixstowe RRC	43	F	F 20 to 39	73 F 20-39	59:45	1:00:24
539	Wendy	Kellett		442	F	F 45 to 49	20 F 45-49	1:00:05	1:00:31
540	Susan	Grimble		443	F	F 45 to 49	21 F 45-49	1:00:10	1:00:42
541	Vivienne	Taylor	Framlingham Flyers	249	F	F 60 to 64	1 F 60-64	1:00:20	1:00:52
542	Hayley	Berkel		46	F	F 40 to 44	23 F 40-44	1:00:17	1:00:53
543	Ian	Garstang	Kingsland Linassi	660	M	M 20 to 39	140 M 20-39	1:00:29	1:00:55
544	Kerri	Butcher	Kingsland Linassi	657	F	F 20 to 39	74 F 20-39	1:00:30	1:00:55
545	Steven	Reynolds		298	M	M 55 to 59	29 M 55-59	1:00:17	1:00:56
546	Erin	Hamilton	Chapel Properties Woodbridge Ltd	678	F	F 15 to 19	9 F 0-19	1:00:18	1:00:57
547	Adrian	Kendall	Amarinth Pumps	753	M	M 45 to 49	67 M 45-49	1:00:35	1:01:02
548	Michelle	Berriman		366	F	F 45 to 49	22 F 45-49	1:00:26	1:01:05
549	Jan	Risebrow	Felixstowe RRC	147	F	F 50 to 54	11 F 50-54	1:00:31	1:01:06
550	Jonathan	Jenkyn	Felixstowe RRC	247	M	M 40 to 44	71 M 40-44	1:00:46	1:01:09
551	Elizabeth	Stones		535	F	F 55 to 59	4 F 55-59	1:00:27	1:01:12
552	Lucy	King		497	F	F 50 to 54	12 F 50-54	1:00:29	1:01:14
553	Lucy	Driver	Felixstowe RRC	308	F	F 20 to 39	75 F 20-39	1:00:43	1:01:18
554	Glenn	Rayfield		428	M	M 40 to 44	72 M 40-44	1:00:57	1:01:33
555	Laura	Miles		165	F	F 20 to 39	76 F 20-39	1:00:48	1:01:33
556	Terri	Catchpole		238	F	F 20 to 39	77 F 20-39	1:01:04	1:01:42
557	Chris	Slemmings	Ipswich Triathlon Club	259	M	M 65 to 69	8 M 65-69	1:01:07	1:01:42
558	Paulo	Pucci		144	M	M 20 to 39	141 M 20-39	1:01:30	1:01:43
559	Nigel	Johns	Capel Cheetahs	445	M	M 50 to 54	69 M 50-54	1:01:08	1:01:49
560	Helen	Hollingsworth	Felixstowe RRC	539	F	F 40 to 44	24 F 40-44	1:01:12	1:01:53
561	Hayley	Bloss		439	F	F 20 to 39	78 F 20-39	1:01:16	1:01:53

Woodbridge Shufflers 10K Race
 10K Overall Finish List
 May 14, 2017
 Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
562	Gemma	Moss		582	F	F 40 to 44	25 F 40-44	1:01:35	1:01:58
563	Janet	Fricker		515	F	F 50 to 54	13 F 50-54	1:01:28	1:02:00
564	Ben	Saunders	Barretts of Woodbridge	740	M	M 20 to 39	142 M 20-39	1:01:34	1:02:01
565	Marianne	Burnell	Ipswich Jaffa RC	567	F	F 65 to 69	1 F 65-69	1:01:26	1:02:03
566	Lydia	Brooks	The Galley	705	F	F 20 to 39	79 F 20-39	1:01:37	1:02:07
567	Kevin	Davidson		369	M	M 55 to 59	30 M 55-59	1:01:47	1:02:12
568	Ella	Gillespie		547	F	F 20 to 39	80 F 20-39	1:01:33	1:02:16
569	Niamh	Speedman		548	F	F 20 to 39	81 F 20-39	1:01:33	1:02:17
570	Daniel	White		226	M	M 20 to 39	143 M 20-39	1:01:57	1:02:27
571	Sara	Cottrell	The Galley	684	F	F 20 to 39	82 F 20-39	1:02:10	1:02:28
572	William	Brammar		561	M	M 70+	1 M 70-99	1:01:55	1:02:33
573	Lucy	Ball	The King's Head	732	F	F 20 to 39	83 F 20-39	1:02:08	1:02:36
574	Anna	Brown	Gotelee	769	F	F 20 to 39	84 F 20-39	1:02:05	1:02:38
575	Meinir	Childs		456	F	F 40 to 44	26 F 40-44	1:02:09	1:02:38
576	Caroline	Perry	Ipswich Jaffa RC	587	F	F 20 to 39	85 F 20-39	1:02:16	1:02:49
577	Katharine	Turner	The Galley	696	F	F 55 to 59	5 F 55-59	1:02:19	1:02:59
578	Roger	Sales		322	M	M 65 to 69	9 M 65-69	1:02:16	1:02:59
579	Carla	Wiggins	Kingsland Linassi	665	F	F 20 to 39	86 F 20-39	1:02:36	1:03:05
580	Sally	Knight		447	F	F 50 to 54	14 F 50-54	1:02:31	1:03:15
581	Jonathan	Knight		448	M	M 50 to 54	70 M 50-54	1:02:32	1:03:15
582	Ginny	Hibbert		516	F	F 45 to 49	23 F 45-49	1:02:55	1:03:28
583	Clair	Fiddaman	Felixstowe RRC	114	F	F 20 to 39	87 F 20-39	1:02:47	1:03:30
584	Emma	Harrison	East of England Co Op	668	F	F 20 to 39	88 F 20-39	1:02:45	1:03:35
585	Dawn	Robb	Gotelee	767	F	F 40 to 44	27 F 40-44	1:03:12	1:03:43
586	David	Tillett	Felixstowe RRC	472	M	M 45 to 49	68 M 45-49	1:03:06	1:03:47
587	John	Cummings		12	M	M 55 to 59	31 M 55-59	1:03:13	1:03:55
588	Christine	Hough	Haven Power	600	F	F 20 to 39	89 F 20-39	1:03:37	1:04:16
589	Richard	Bradshaw		412	M	M 50 to 54	71 M 50-54	1:03:35	1:04:16
590	Heidi	Mattack		110	F	F 45 to 49	24 F 45-49	1:03:44	1:04:18
591	Jacq	Barnard	Barretts of Woodbridge	746	F	F 50 to 54	15 F 50-54	1:03:53	1:04:32
592	Anne-Marie	Perkins	Barretts of Woodbridge	748	F	F 50 to 54	16 F 50-54	1:03:51	1:04:33
593	Alison	Leech	Stowmarket Striders RC	119	F	F 45 to 49	25 F 45-49	1:04:01	1:04:36
594	Ian	Linassi	Kingsland Linassi	656	M	M 45 to 49	69 M 45-49	1:04:12	1:04:40

Woodbridge Shufflers 10K Race
 10K Overall Finish List
 May 14, 2017
 Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
595	Stuart	Young		583	M	M 40 to 44	73 M 40-44	1:04:00	1:04:48
596	Rob	Peavor		584	M	M 40 to 44	74 M 40-44	1:04:01	1:04:50
597	Tonya	Lindley-Gill		27	F	F 50 to 54	17 F 50-54	1:04:17	1:04:51
598	Vincent	Hunt	Barretts of Woodbridge	738	M	M 55 to 59	32 M 55-59	1:04:20	1:05:05
599	Richard	Sore	Ipswich Jaffa RC	297	M	M 45 to 49	70 M 45-49	1:04:29	1:05:10
600	Andrew	Jarman	Haven Power	594	M	M 20 to 39	144 M 20-39	1:04:44	1:05:11
601	Kate	Lindsay	Ipswich Jaffa RC	233	F	F 40 to 44	28 F 40-44	1:04:45	1:05:23
602	James	Rackham	Howard Construction	629	M	M 20 to 39	145 M 20-39	1:05:24	1:05:33
603	Kate	Kydd	Kingsland Linassi	664	F	F 20 to 39	90 F 20-39	1:05:11	1:05:41
604	Maria	Bilner	Ipswich Jaffa RC	205	F	F 40 to 44	29 F 40-44	1:05:11	1:05:47
605	Florence	Richmond	The Galley	695	F	F 20 to 39	91 F 20-39	1:05:29	1:06:04
606	Ruth	Hatch	The Galley	694	F	F 50 to 54	18 F 50-54	1:05:30	1:06:05
607	Annette	Mason-Gordon		578	F	F 55 to 59	6 F 55-59	1:05:30	1:06:05
608	Kara	Edhouse-Thomas	Ipswich Jaffa RC	62	F	F 40 to 44	30 F 40-44	1:05:28	1:06:14
609	Claudia	Immler		457	F	F 20 to 39	92 F 20-39	1:05:44	1:06:14
610	Amy	Smith		374	F	F 20 to 39	93 F 20-39	1:05:42	1:06:19
611	Heidi	Knight	Capel Cheetahs	42	F	F 40 to 44	31 F 40-44	1:05:41	1:06:21
612	Tina	Cullum	Ipswich Jaffa RC	155	F	F 40 to 44	32 F 40-44	1:05:46	1:06:21
613	Patrick	Cook		79	M	M 20 to 39	146 M 20-39	1:05:57	1:06:29
614	Marianne	Hedge	Felixstowe RRC	328	F	F 40 to 44	33 F 40-44	1:05:53	1:06:30
615	Jo	Bowman	The Galley	702	F	F 40 to 44	34 F 40-44	1:06:15	1:06:44
616	Gennifer	Solomon	Felixstowe RRC	9	F	F 20 to 39	94 F 20-39	1:06:06	1:06:46
617	Hayley	Sallows	Howard Construction	631	F	F 45 to 49	26 F 45-49	1:06:16	1:06:47
618	Onitha	Jarrold		47	F	F 40 to 44	35 F 40-44	1:06:10	1:06:52
619	Sarah	Bixby		465	F	F 45 to 49	27 F 45-49	1:06:08	1:06:55
620	David	Boynton		376	M	M 50 to 54	72 M 50-54	1:06:16	1:06:59
621	Sheldene	Ford-Keeble	Gotelee	770	F	F 20 to 39	95 F 20-39	1:06:36	1:07:07
622	Denise	Ford		166	F	F 60 to 64	2 F 60-64	1:06:33	1:07:18
623	Catherine	Sims		324	F	F 40 to 44	36 F 40-44	1:06:37	1:07:19
624	Rachael	Carver		507	F	F 20 to 39	96 F 20-39	1:06:34	1:07:20
625	Karen	Wharfe		371	F	F 45 to 49	28 F 45-49	1:07:00	1:07:32
626	Alison	Gibson		458	F	F 40 to 44	37 F 40-44	1:07:06	1:07:37
627	Alison	Taylor		418	F	F 50 to 54	19 F 50-54	1:07:09	1:07:40

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 14, 2017
Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
628	Patrick	Boggon		420	M	M 50 to 54	73 M 50-54	1:07:10	1:07:40
629	Brad	Drew	Felixstowe RRC	522	M	M 20 to 39	147 M 20-39	1:07:23	1:07:52
630	Cath	Norton		216	F	F 20 to 39	97 F 20-39	1:07:23	1:08:01
631	Beth	Harris		53	F	F 20 to 39	98 F 20-39	1:07:31	1:08:04
632	Mary	Strang		184	F	F 45 to 49	29 F 45-49	1:07:20	1:08:08
633	Steven	Miles		167	M	M 20 to 39	148 M 20-39	1:07:25	1:08:10
634	Jo	Dickinson	Felixstowe RRC	470	F	F 45 to 49	30 F 45-49	1:07:58	1:08:36
635	Neil	Lay	Felixstowe RRC	523	M	M 40 to 44	75 M 40-44	1:08:14	1:08:45
636	Vicky	Ager	The Galley	683	F	F 20 to 39	99 F 20-39	1:08:25	1:08:51
637	Kylie	Rolfe		18	F	F 20 to 39	100 F 20-39	1:08:05	1:08:52
638	Priscilla	Todd		195	F	F 40 to 44	38 F 40-44	1:08:06	1:08:53
639	Charlie	Todd		196	M	M 40 to 44	76 M 40-44	1:08:07	1:08:54
640	Sally	Solomon	Felixstowe RRC	389	F	F 50 to 54	20 F 50-54	1:08:17	1:08:57
641	Tom	Selby	Suffolk Trail Runners	212	M	M 55 to 59	33 M 55-59	1:08:22	1:09:04
642	Josey	Grant	Notcutts	761	F	F 20 to 39	101 F 20-39	1:08:29	1:09:11
643	Bhumika	Dwivedi	Turks Head	766	F	F 20 to 39	102 F 20-39	1:08:41	1:09:28
644	Angela	Carr		129	F	F 20 to 39	103 F 20-39	1:08:58	1:09:45
645	Michael	Carr		130	M	M 40 to 44	77 M 40-44	1:08:58	1:09:45
646	Naomi	Tarry	The Galley	688	F	F 45 to 49	31 F 45-49	1:09:17	1:09:52
647	Robert	Mabey	The Galley	686	M	M 55 to 59	34 M 55-59	1:09:17	1:09:52
648	John	Bush	Great Bentley Running Club	460	M	M 50 to 54	74 M 50-54	1:09:29	1:10:00
649	Alex	Tarry	The Galley	687	M	M 45 to 49	71 M 45-49	1:10:00	1:10:36
650	Ali	Denny		431	F	F 40 to 44	39 F 40-44	1:10:07	1:10:51
651	Vanessa	Thorpe		467	F	F 40 to 44	40 F 40-44	1:10:17	1:11:01
652	Hilary	Fulton	Ipswich Triathlon Club	214	F	F 45 to 49	32 F 45-49	1:10:16	1:11:01
653	Tara	Tibble	Suffolk Coastal Norse	651	F	F 20 to 39	104 F 20-39	1:10:29	1:11:10
654	Jacqui	Boynton		377	F	F 50 to 54	21 F 50-54	1:10:29	1:11:12
655	Kayleigh	Glanfield		70	F	F 20 to 39	105 F 20-39	1:10:48	1:11:32
656	Hannah	Traynor		321	F	F 20 to 39	106 F 20-39	1:10:48	1:11:33
657	Deborah	Anderson	Gressingham Duck	641	F	F 20 to 39	107 F 20-39	1:11:06	1:11:52
658	Abigail	Aldous	Gressingham Duck	642	F	F 20 to 39	108 F 20-39	1:11:06	1:11:52
659	Stella	Mitchell	The Galley	691	F	F 45 to 49	33 F 45-49	1:11:23	1:12:09
660	George	Payne	The Galley	689	M	M 20 to 39	149 M 20-39	1:11:24	1:12:09

Woodbridge Shufflers 10K Race
 10K Overall Finish List
 May 14, 2017
 Results By ChipTimingUK

Place	First Name	Last Name	Team	Bib No	Gender	Age Group	Age Group Place	Chip Time	Gun Time
661	Jo	Stannard		72	F	F 20 to 39	109 F 20-39	1:11:58	1:12:18
662	Daniel	Parish		73	M	M 20 to 39	150 M 20-39	1:11:57	1:12:18
663	Matthew	McArdle	The King's Head	734	M	M 20 to 39	151 M 20-39	1:11:55	1:12:28
664	Charlotte	Richardson	Ipswich Jaffa RC	133	F	F 40 to 44	41 F 40-44	1:11:48	1:12:34
665	Samantha	Bouttell	Barretts of Woodbridge	745	F	F 40 to 44	42 F 40-44	1:11:54	1:12:35
666	Sarah	Shinnie		91	F	F 20 to 39	110 F 20-39	1:12:05	1:12:48
667	Lucy	Storey		78	F	F 20 to 39	111 F 20-39	1:12:26	1:13:06
668	Charlotte	Patmore		496	F	F 20 to 39	112 F 20-39	1:12:27	1:13:07
669	Philip	Cowles		323	M	M 55 to 59	35 M 55-59	1:12:40	1:13:28
670	Alison	Renshaw	Ipswich Jaffa RC	82	F	F 20 to 39	113 F 20-39	1:13:31	1:14:17
671	Donna	Smeed		351	F	F 20 to 39	114 F 20-39	1:14:18	1:15:05
672	Holly	Howard		171	F	F 20 to 39	115 F 20-39	1:16:13	1:16:41
673	Adam	Fisk	Gressingham Duck	644	M	M 20 to 39	152 M 20-39	1:16:16	1:17:06
674	Yvonne	Sylvester		352	F	F 55 to 59	7 F 55-59	1:17:15	1:17:59
675	Christopher	Strang		267	M	M 55 to 59	36 M 55-59	1:18:09	1:18:57
676	Bonnie	Collins	Ipswich Jaffa RC	164	F	F 20 to 39	116 F 20-39	1:43:28	1:44:17
677	Mark	Blackburn	Ipswich Jaffa RC	137	M	M 45 to 49	72 M 45-49	1:43:29	1:44:17