

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 20, 2012
Results By Mucky Races

Place	Name	Team	Bib No	Gender	Age Group	Place	Gun Time
1	Aaron Scott	Woodbridge Shufflers RC	691	M	1 M 20-39		31:36.6
2	Rick Westen	Gasenergy	654	M	2 M 20-39		34:16.8
3	Tom Fairbrother		198	M	3 M 20-39		34:29.0
4	Matt Spencer		578	M	1 M 20-39		34:45.9
5	Jamess McNally	Penny Lane Striders	421	M	2 M 20-39		34:48.7
6	Brad Jones	Ipswich JAFFA RC	341	M	3 M 20-39		34:49.5
7	Danny Moss	Gasenergy	442	M	4 M 20-39		34:50.7
8	Kieran Mcmorran	Bungay Black Dog RC	420	M	1 M 0-19		35:00.0
9	Ross Fawcett	Barretts of Woodbridge	203	M	5 M 20-39		35:34.6
10	Jonathan Ling	Ipswich JAFFA RC	382	M	6 M 20-39		35:49.2
11	James Powley	Ipswich Harriers	503	M	2 M 0-19		35:59.5
12	Paul Reynolds		520	M	7 M 20-39		36:08.0
13	Wilfred Campbell	Ipswich JAFFA RC	91	M	1 M 45-49		36:09.8
14	Nelson Wandasiewicz	Thrift Green Trotters	643	M	8 M 20-39		36:24.0
15	Patrick Hudson		319	M	1 M 40-44		36:36.1
16	Jason Berry		53	M	2 M 40-44		36:48.3
17	Mark Furnace	Ipswich JAFFA RC	231	M	3 M 40-44		36:49.3
18	Ben Green	Ipswich Triathlon Club	262	M	3 M 0-19		36:56.2
19	Will Law	The Saxons	368	M	9 M 20-39		37:01.4
20	Roger Stone	Felixstowe RRC	592	M	4 M 40-44		37:05.0
21	Nick Smith	Clopton Emu Breeders	569	M	10 M 20-39		37:08.9
22	Thomas Jarrett	Ipswich JAFFA RC	329	M	11 M 20-39		37:24.1
23	Ricky Peacher	Framlingham Flyers	489	M	12 M 20-39		37:31.6
24	Kevin Peirce	Ipswich Harriers	493	M	13 M 20-39		37:34.6
25	Francis Fox	Felixstowe RRC	219	M	14 M 20-39		37:36.7
26	Nigel Powley		504	M	2 M 45-49		37:43.0
27	Jim Last	Framlingham Flyers	367	M	15 M 20-39		37:47.3
28	James Potter		501	M	16 M 20-39		37:55.7
29	Chris Tye	Ipswich Triathlon Club	629	M	5 M 40-44		38:02.0
30	Mark Goddard		248	M	3 M 45-49		38:19.2
31	Scott Macsephney	Ipswich JAFFA RC	395	M	6 M 40-44		38:23.8
32	Dave Solomon	Felixstowe RRC	577	M	7 M 40-44		38:30.5
33	Anthony Barraclough		37	M	17 M 20-39		38:43.8
34	Craig Stuart		598	M	18 M 20-39		38:48.6
35	Warren Birch	Ipswich JAFFA RC	55	M	4 M 45-49		39:10.4

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36	Tim Hanman		281	M	8 M 40-44		39:12.0
37	Peter Mayer		412	M	1 M 50-54		39:17.7
38	Stuart Green	Stowmarket Striders RC	264	M	2 M 50-54		39:18.1
39	Simon Hance	Team Tribull	280	M	9 M 40-44		39:27.0
40	Matthew Jacobs		328	M	4 M 0-19		39:28.5
41	Alistair Dick	Ipswich JAFFA RC	173	M	5 M 45-49		39:29.8
42	Dawn Davies	Ipswich JAFFA RC	158	F	1 F 20-39		39:41.9
43	Jack Wilkinson		668	M	19 M 20-39		39:50.6
44	Ian Coxall	Ipswich JAFFA RC	144	M	20 M 20-39		39:57.2
45	Jake Hussey	Plumstead Runners	323	M	6 M 45-49		39:59.5
46	Robin Harper	Felixstowe RRC	287	M	21 M 20-39		40:13.2
47	Ron McCullough	Ipswich JAFFA RC	416	M	1 M 65-69		40:20.0
48	Stuart Yule		689	M	10 M 40-44		40:28.2
49	Mark Ford	Smart421	213	M	7 M 45-49		40:32.1
50	Mark Hayward	Stowmarket Striders RC	294	M	22 M 20-39		40:47.3
51	Stuart Fairweather	2mine	200	M	23 M 20-39		40:56.0
52	Richard Hudson	Smart421	320	M	8 M 45-49		41:11.1
53	Steven Kent	Harwich Runners	356	M	9 M 45-49		41:18.2
54	Marcus Catlin	Ipswich JAFFA RC	102	M	24 M 20-39		41:18.7
55	Richard Smith	Perth Road Runners	571	M	3 M 50-54		41:21.2
56	Mark Sly	Woodbridge Shufflers RC	566	M	4 M 50-54		41:27.2
57	Jonathan Horsfield		314	M	25 M 20-39		41:28.8
58	Douglas Hobson	Woodbridge Shufflers RC	307	M	26 M 20-39		41:32.2
59	Stephen Firth	Waldringfield Basset Hound Chasers	208	M	11 M 40-44		41:36.2
60	Stephen Hatten	St. Edmunds Pacers	291	M	10 M 45-49		41:40.6
61	Dave Horne		313	M	27 M 20-39		41:48.4
62	Darren Sheppard	Framlingham Flyers	555	M	12 M 40-44		41:50.5
63	James Reed	Ipswich JAFFA RC	518	M	28 M 20-39		41:51.0
64	Brian Airlie	Hadleigh Hares AC	5	M	13 M 40-44		41:52.6
65	Ray Roberts	Felixstowe RRC	533	M	1 M 60-64		41:53.8
66	Victor Brooks		76	M	14 M 40-44		41:57.8
67	Raymond Hill	Ipswich JAFFA RC	303	M	2 M 60-64		41:59.3
68	James Manly		398	M	29 M 20-39		42:07.5
69	Richard Porritt		500	M	30 M 20-39		42:08.1
70	Donovan Steward		586	M	31 M 20-39		42:13.1

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71	David Fenton	Stowmarket Striders RC	205	M	15 M 40-44		42:14.6
72	Tom Wake	Ipswich JAFFA RC	639	M	32 M 20-39		42:17.0
73	Steve Garvie		236	M	16 M 40-44		42:20.9
74	Kieron Teeder	East Green Energy	605	M	33 M 20-39		42:21.3
75	Kieron Bales		31	M	34 M 20-39		42:21.9
76	Steve Brooke	Felixstowe RRC	71	M	17 M 40-44		42:22.6
77	Mark Watts	St. Edmunds Pacers	652	M	11 M 45-49		42:23.9
78	Iain Catchpool	Ipswich JAFFA RC	100	M	12 M 45-49		42:25.0
79	Joe Fairbrother		197	M	35 M 20-39		42:25.7
80	Peter Frost		224	M	18 M 40-44		42:26.9
81	Greg Marshall	Framlingham Flyers	402	M	1 M 55-59		42:31.2
82	Steve Cox	Hadleigh Hares AC	146	M	13 M 45-49		42:32.8
83	Cheryl Holder	Purple Patch Runners	308	F	2 F 40-44		42:34.6
84	Paul Clow		122	M	36 M 20-39		42:35.7
85	Steve Whittaker	Geoff Fuller Memorial	660	M	14 M 45-49		42:39.4
86	Mark Compton	Woodbridge Shufflers RC	128	M	15 M 45-49		42:41.5
87	Matthew Fryett		227	M	37 M 20-39		42:48.9
88	Steve Levinson		378	M	3 M 60-64		42:53.8
89	Neil Higgins		300	M	38 M 20-39		43:00.5
90	David Birkby		56	M	39 M 20-39		43:01.0
91	Paul Masterson		409	M	19 M 40-44		43:07.0
92	Paul Fairweather	2mine	199	M	16 M 45-49		43:07.4
93	Steven Dearsley	Ipswich JAFFA RC	169	M	40 M 20-39		43:15.2
94	James Parsons		483	M	5 M 0-19		43:22.1
95	Robin Mackenzie	Framlingham Flyers	392	M	5 M 50-54		43:27.6
96	Louis Dawson	Barretts of Woodbridge	164	M	41 M 20-39		43:32.2
97	Tom Davies	Ipswich JAFFA RC	161	M	42 M 20-39		43:32.9
98	Brian Rogers	Ipswich JAFFA RC	537	M	2 M 55-59		43:37.8
99	David Fordham	The Saxons	212	M	4 M 60-64		43:42.7
100	Tim Green		265	M	20 M 40-44		43:51.0
101	Gary Lowe		386	M	6 M 50-54		43:53.6
102	Ker Macrosson	Ipswich JAFFA RC	393	M	3 M 55-59		43:55.6
103	Tristan Childs		113	M	43 M 20-39		43:59.9
104	Paul Berriman		52	M	44 M 20-39		44:01.3
105	Paul Cooke	Ipswich JAFFA RC	132	M	45 M 20-39		44:01.5

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106	Neil Turner		624	M	21 M	40-44	44:04.5
107	James Ulyett		632	M	46 M	20-39	44:07.8
108	Dan Wood		680	M	47 M	20-39	44:14.3
109	Martin Ball		33	M	48 M	20-39	44:15.9
110	Tim Ryder		542	M	17 M	45-49	44:17.3
111	Nick Beales	Harwich Runners	43	M	4 M	55-59	44:21.3
112	Jim Hardwicke	2mine	285	M	18 M	45-49	44:22.9
113	Zak Nichols		455	M	49 M	20-39	44:24.5
114	Richard Clark	The Saxons	119	M	19 M	45-49	44:24.7
115	Camilla Keates		349	F	3 F	20-39	44:26.1
116	Malcolm Pidd	Woodbridge Shufflers RC	497	M	7 M	50-54	44:31.8
117	Alex Morrison	Ipswich JAFFA RC	440	M	8 M	50-54	44:32.8
118	Richard Owen		473	M	5 M	60-64	44:33.5
119	Matthew Davies		160	M	50 M	20-39	44:34.4
120	Ian Gooderham	St. Edmunds Pacers	253	M	20 M	45-49	44:34.6
121	Andy Tricker		621	M	22 M	40-44	44:36.8
122	Andrew Budd	Smart421	82	M	9 M	50-54	44:37.8
123	Dermott Thomas		608	M	10 M	50-54	44:38.3
124	Gabriel Martins	Ipswich JAFFA RC	407	M	23 M	40-44	44:39.8
125	Tom Elmer		190	M	6 M	0-19	44:45.4
126	Matt Davey	Tiptree Road Runners	157	M	51 M	20-39	44:45.7
127	Mr Garvie	Clopton Emu Breeders	235	M	24 M	40-44	44:47.5
128	Mark Friston		220	M	21 M	45-49	44:47.8
129	Andy Forster	Gasenergy	215	M	11 M	50-54	44:51.8
130	James Lewis	Super Beans	379	M	52 M	20-39	44:54.1
131	Gareth Jones		343	M	53 M	20-39	44:55.4
132	James Mackenzie	Framlingham Flyers	391	M	7 M	0-19	44:58.2
133	Simon Milldown		430	M	12 M	50-54	44:58.9
134	Graham Brumpton	Ipswich JAFFA RC	81	M	54 M	20-39	45:02.8
135	Linda Woodard	Felixstowe RRC	679	F	1 F	40-44	45:03.8
136	Tom Allnutt		9	M	55 M	20-39	45:04.4
137	Christian Pawsey	Woodbridge Shufflers RC	487	M	22 M	45-49	45:04.4
138	Paul Barrell	Waldringfield Basset Hound Chasers	38	M	23 M	45-49	45:07.8
139	Robert Goszczurny	Gressingham Foods	257	M	56 M	20-39	45:11.6
140	Simon Goldsmith		251	M	57 M	20-39	45:17.0

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141	Ben Hudson	Ipswich JAFFA RC	318	M	58 M 20-39		45:19.6
142	Luke Giles	Gasenergy	241	M	59 M 20-39		45:28.5
143	Phil Zoio		690	M	25 M 40-44		45:29.3
144	Jordan Vaughan	Brafe	635	M	8 M 0-19		45:29.5
145	David Beighton		46	M	60 M 20-39		45:33.7
146	Tony Bradford	Felixstowe RRC	66	M	24 M 45-49		45:35.2
147	Oliver Johnson		340	M	61 M 20-39		45:36.5
148	John Adams	Ipswich JAFFA RC	4	M	62 M 20-39		45:37.8
149	Martin Holland		310	M	63 M 20-39		45:37.9
150	William Owen		476	M	64 M 20-39		45:43.0
151	Chris Leek		375	M	65 M 20-39		45:44.6
152	Chris Johns	Ipswich JAFFA RC	337	M	5 M 55-59		45:45.5
153	Nick Fowler	Anchor	217	M	25 M 45-49		45:47.9
154	Rob Cazey		103	M	26 M 45-49		45:50.4
155	Mark Lankester		364	M	26 M 40-44		45:52.5
156	Gary Sadler		543	M	66 M 20-39		45:52.7
157	James Calver	Ipswich JAFFA RC	89	M	67 M 20-39		45:53.5
158	Nicholas Sim		559	M	68 M 20-39		45:55.0
159	Darren Baker		28	M	69 M 20-39		45:55.9
160	Matt Wix		678	M	70 M 20-39		45:59.6
161	Verity Smith	Ipswich JAFFA RC	573	F	1 F 20-39		46:02.6
162	Stephen Stokes		591	M	13 M 50-54		46:05.3
163	Richard Herring		298	M	27 M 45-49		46:13.1
164	Nick Woodley	Ufford Park	681	M	71 M 20-39		46:14.6
165	Rosie O'Neill		462	F	2 F 20-39		46:17.0
166	Adrian Mills		432	M	14 M 50-54		46:19.1
167	Rob Armour		18	M	72 M 20-39		46:22.3
168	Justin Thurkettle	2mine	616	M	27 M 40-44		46:29.5
169	David Farrow		202	M	28 M 40-44		46:30.6
170	Tony Roberts	Woodbridge Shufflers RC	534	M	28 M 45-49		46:31.2
171	Foppe D'Hane		172	M	29 M 45-49		46:31.3
172	Gavin Raby	Little and Large Running Club	511	M	73 M 20-39		46:33.0
173	David Telling		606	M	30 M 45-49		46:33.5
174	Mark Sargeantson	Framlingham Flyers	545	M	6 M 55-59		46:34.4
175	Jamie Scales		546	M	74 M 20-39		46:36.4

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176	Chris Miller	The Saxons	431	M	75 M 20-39		46:38.9
177	James Nelli	Brafe	451	M	31 M 45-49		46:40.2
178	Anthony Mayston	Smart421	413	M	15 M 50-54		46:41.8
179	Matt Lankester		365	M	29 M 40-44		46:42.6
180	Stephen Parker		482	M	32 M 45-49		46:43.2
181	Darren Payne	Woodbridge Surfer Youth	488	M	33 M 45-49		46:43.3
182	Newland Andrews	The Saxons	14	M	76 M 20-39		46:46.3
183	Michael Evennett	Felixstowe RRC	194	M	7 M 55-59		46:47.7
184	Ian Watling		651	M	77 M 20-39		46:47.7
185	David Hopkins	Woodbridge Surfer Youth	311	M	34 M 45-49		46:53.0
186	Ross Compton		129	M	78 M 20-39		46:54.5
187	Tom Richards		526	M	79 M 20-39		46:55.7
188	Ben Childs		110	M	80 M 20-39		46:55.9
189	Stuart Jackson		327	M	30 M 40-44		46:56.8
190	Steve Warner		647	M	81 M 20-39		46:57.0
191	Robert Turner		626	M	82 M 20-39		47:00.8
192	Martin Andrews		13	M	83 M 20-39		47:03.0
193	Scott Osborn		467	M	84 M 20-39		47:09.6
194	Gail Pryke		509	F	1 F 50-54		47:11.8
195	Harry O'Riordan		464	M	9 M 0-19		47:13.5
196	Owen Passmore		486	M	10 M 0-19		47:13.9
197	Tom Dolan		178	M	85 M 20-39		47:14.3
198	James Arbon	Ufford Park	16	M	86 M 20-39		47:16.1
199	Andy Hawes		292	M	87 M 20-39		47:16.4
200	Graham McGuire Smith	Gasenergy	418	M	88 M 20-39		47:18.4
201	Simon Rudland	Waldringfield AC	538	M	35 M 45-49		47:23.7
202	Rebecca Jones		345	F	3 F 20-39		47:28.4
203	Sally Connick	Ipswich JAFFA RC	130	F	4 F 20-39		47:28.5
204	Richard Tatterton	Ipswich JAFFA RC	602	M	89 M 20-39		47:28.9
205	Emily Gooderham	St. Edmunds Pacers	252	F	1 F 0-19		47:30.0
206	Nick Apperley		15	M	36 M 45-49		47:36.8
207	Rod Prime		507	M	37 M 45-49		47:37.6
208	Simon Cartmell	Ufford Park	94	M	16 M 50-54		47:38.1
209	Tim Beecroft	Anchor	45	M	17 M 50-54		47:39.2
210	Jon Jones		344	M	31 M 40-44		47:39.9

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211	Matt Gibbs		240	M	90 M 20-39	47:40.2
212	Kirstin Hamilton		276	F	2 F 0-19	47:45.0
213	Jessie Gooderham	St. Edmunds Pacers	254	F	3 F 0-19	47:51.5
214	Ken Gould		258	M	38 M 45-49	47:53.2
215	Kevin Holland		309	M	91 M 20-39	47:57.3
216	Carl Collins		124	M	32 M 40-44	47:57.3
217	James Kennedy		355	M	92 M 20-39	47:58.9
218	James Foreman	Brafe	214	M	93 M 20-39	47:59.3
219	Patrick Cooney		137	M	39 M 45-49	47:59.6
220	Marcus Leeder		374	M	94 M 20-39	47:59.8
221	Glenn Warren	Framlingham Flyers	648	M	33 M 40-44	48:00.5
222	John Fitzgerald	Woodbridge Shufflers RC	211	M	40 M 45-49	48:02.9
223	Chris Dack		154	M	41 M 45-49	48:04.1
224	Ben Case		95	M	95 M 20-39	48:08.6
225	Thomas Ransome		513	M	96 M 20-39	48:09.0
226	Becky Overy-Owen	Ipswich JAFFA RC	472	F	2 F 40-44	48:09.6
227	Paul Gilson	Ipswich JAFFA RC	245	M	18 M 50-54	48:10.2
228	William Smith	Ipswich JAFFA RC	575	M	97 M 20-39	48:12.7
229	Ian Akers		6	M	98 M 20-39	48:14.6
230	Ben Richards		523	M	99 M 20-39	48:16.3
231	Marion Walker	Framlingham Flyers	640	F	1 F 55-59	48:17.3
232	George Weston		655	M	100 M 20-39	48:20.1
233	Jason Wanner	Ipswich Building Society	644	M	101 M 20-39	48:21.6
234	Lee Johnson	Ufford Park	339	M	102 M 20-39	48:24.7
235	Tom Greig	Norbiton Nutbusters	268	M	103 M 20-39	48:26.3
236	Martin Dzelzainis		186	M	8 M 55-59	48:35.6
237	John Penny		495	M	9 M 55-59	48:37.6
238	Michael Streat	Woodbridge School	593	M	42 M 45-49	48:39.9
239	Mark Crisp		148	M	43 M 45-49	48:40.7
240	Vic Bradley	Gasenergy	67	M	34 M 40-44	48:46.7
241	Lisa Cox	Felixstowe RRC	145	F	5 F 20-39	48:48.8
242	Barry Dixon		175	M	104 M 20-39	48:53.8
243	Joanna Parker	Ipswich Triathlon Club	478	F	6 F 20-39	48:54.7
244	Sarah Northey		457	F	1 F 45-49	49:01.4
245	Amanda Mallett	Ipswich Triathlon Club	397	F	2 F 45-49	49:03.5

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246	Mark Whitehead		657	M	44 M	45-49	49:04.8
247	Julie Cooke		131	F	2 F	50-54	49:10.2
248	Andrew Cooney		135	M	45 M	45-49	49:13.0
249	Ian Stockley	Martlesham Leisure	588	M	46 M	45-49	49:13.5
250	Chris Gladwell	Stowmarket Striders RC	247	M	10 M	55-59	49:15.1
251	Richard Keeble	Woodbridge Shufflers RC	352	M	11 M	55-59	49:18.1
252	Julie Dovey		183	F	3 F	50-54	49:19.2
253	Rebecca Clare	Woodbridge Shufflers RC	118	F	3 F	45-49	49:22.6
254	Maisie Kelly		354	F	4 F	0-19	49:25.4
255	Simon Wiggins	Felixstowe RRC	662	M	105 M	20-39	49:26.6
256	Michael Martin	Ipswich JAFFA RC	406	M	47 M	45-49	49:27.3
257	Karle Howard	Kings Head	315	M	35 M	40-44	49:30.3
258	Martin Thorpe		613	M	19 M	50-54	49:32.2
259	Paul Bailey		26	M	48 M	45-49	49:32.9
260	Penny Brice		70	F	3 F	40-44	49:41.0
261	David Jeffreys		331	M	49 M	45-49	49:41.8
262	Andrew Stroud		596	M	36 M	40-44	49:42.4
263	Gus Cooney		136	M	11 M	0-19	49:46.6
264	Carole Challis	Ipswich Triathlon Club	104	F	7 F	20-39	49:47.4
265	David O'Riordan		463	M	50 M	45-49	49:53.0
266	Esther Lury	Barretts of Woodbridge	389	F	8 F	20-39	49:54.2
267	Christopher Street	Ipswich JAFFA RC	595	M	12 M	55-59	49:56.9
268	David Fox	Felixstowe RRC	218	M	20 M	50-54	49:57.9
269	Gary Taylor	Woodbridge Shufflers RC	604	M	21 M	50-54	50:01.3
270	Joanne Garrard	Wootton Bassett Hounds RC	234	F	4 F	40-44	50:02.6
271	Rob Sweeney		599	M	106 M	20-39	50:03.1
272	Robert Mawson		411	M	13 M	55-59	50:05.7
273	Daniel Wildon		666	M	107 M	20-39	50:07.3
274	Richard Orme		466	M	51 M	45-49	50:08.0
275	Alys Thompson		609	F	9 F	20-39	50:09.2
276	Sean Turner		627	M	108 M	20-39	50:10.5
277	Juliet Rhodes		522	F	4 F	50-54	50:18.0
278	Edward Otley	Gasenergy	471	M	22 M	50-54	50:20.4
279	Robert Michael		425	M	109 M	20-39	50:21.8
280	Tom Cummings		152	M	110 M	20-39	50:25.5

Woodbridge Shufflers 10K Race
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Place	Name	Team	Bib No	Gender	Age Group	Place	Gun Time
281	Adam Double		181	M	111 M 20-39		50:25.7
282	Catherine Powell		502	F	5 F 40-44		50:26.2
283	Murray Jervis		335	M	52 M 45-49		50:27.4
284	John Tunaley	Ipswich JAFFA RC	622	M	6 M 60-64		50:29.0
285	Ian Bown		65	M	53 M 45-49		50:29.9
286	Jordan Bailey		24	M	12 M 0-19		50:33.4
287	Richard Bannister	Gasenergy	34	M	54 M 45-49		50:35.0
288	Simon Oswald		470	M	112 M 20-39		50:35.8
289	Eric Hempstead	Gasenergy	296	M	37 M 40-44		50:36.5
290	Andy Etherington		192	M	23 M 50-54		50:37.7
291	Alan Hillyard		304	M	24 M 50-54		50:43.0
292	Mike Cooper	Ipswich JAFFA RC	141	M	14 M 55-59		50:45.5
293	Cath Breckell		69	F	10 F 20-39		50:47.7
294	Stephen Cole	Woodbridge Shufflers RC	123	M	15 M 55-59		50:53.0
295	Catherine Beresford		49	F	6 F 40-44		50:53.2
296	Farran Scott		548	F	11 F 20-39		50:53.3
297	Steve Williams	Smart420	672	M	38 M 40-44		50:59.6
298	Richard Smith	Felixstowe RRC	572	M	25 M 50-54		51:06.3
299	Richard Moody		436	M	55 M 45-49		51:16.8
300	Juliet Redding		517	F	7 F 40-44		51:17.0
301	Linda Grave	East Green Energy	260	F	4 F 45-49		51:20.0
302	David Balch		29	M	26 M 50-54		51:20.4
303	Mark Stancombe-Duhm	Smart421	580	M	113 M 20-39		51:21.4
304	Julia Winterburn		676	F	12 F 20-39		51:25.7
305	Crispin Rocholl		536	M	56 M 45-49		51:31.1
306	Andrew Jackson	Gasenergy	326	M	27 M 50-54		51:33.4
307	Sabine Vogler		637	F	8 F 40-44		51:40.7
308	Rob Cass		96	M	114 M 20-39		51:44.3
309	Samantha Fulcher		229	F	5 F 45-49		51:45.4
310	Kevin Wilby		663	M	115 M 20-39		51:46.4
311	Andrew Williams	Gasenergy	669	M	57 M 45-49		51:47.7
312	Andrew King		357	M	39 M 40-44		51:49.2
313	Michael Dale		155	M	28 M 50-54		51:55.1
314	Andrew Covell		143	M	58 M 45-49		51:56.5
315	Will Cook	Geoff Fuller Memorial	134	M	40 M 40-44		51:57.8

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Place	Name	Team	Bib No	Gender	Age Group	Place	Gun Time
316	Alfredo Vargas		633	M	29 M 50-54		51:58.1
317	Kate Clapton		117	F	13 F 20-39		52:02.8
318	Dan Clapton		116	M	116 M 20-39		52:03.1
319	Samantha Simpson		560	F	6 F 45-49		52:09.0
320	Rachael Walker		641	F	14 F 20-39		52:10.8
321	Pernille Richards		525	F	15 F 20-39		52:11.3
322	Karl Harris		289	M	117 M 20-39		52:11.8
323	Charles Layzell		369	M	118 M 20-39		52:17.1
324	Lisa Preece	Southwell RC	505	F	9 F 40-44		52:19.5
325	Michelle Berriman		51	F	10 F 40-44		52:22.7
326	Andrew Oswald		469	M	119 M 20-39		52:24.5
327	Joanne Marshall	Serpentine RC	403	F	2 F 55-59		52:27.5
328	Charlie Stannett	Ipswich Triathlon Club	582	M	16 M 55-59		52:33.5
329	Andrew Watkins		650	M	59 M 45-49		52:39.4
330	Victoria Sharp		553	F	16 F 20-39		52:40.9
331	Faye Hubbard	Teachers in Training	317	F	17 F 20-39		52:41.7
332	Guy Hayward		293	M	41 M 40-44		52:44.9
333	Jason Mann		399	M	42 M 40-44		52:49.0
334	Mark Cope		142	M	43 M 40-44		52:50.6
335	Stuart Richardson	Clopton Emu Breeders	524	M	44 M 40-44		52:52.4
336	Hannah Golding	Woodbridge Physiotherapy Practice	249	F	18 F 20-39		52:53.0
337	Mon Lee	Ipswich JAFFA RC	376	M	30 M 50-54		52:55.2
338	David Whelan		656	M	60 M 45-49		52:57.8
339	Gary Pilkington		498	M	45 M 40-44		52:58.0
340	Andrew Marshall-Tierney		405	M	31 M 50-54		52:59.0
341	Harry Stokes	Ufford Park	589	M	120 M 20-39		53:00.7
342	Martin Finn		207	M	61 M 45-49		53:05.9
343	Adam Thomas		607	M	32 M 50-54		53:06.0
344	Max Mayston	Woodbridge Physiotherapy Practice	414	M	13 M 0-19		53:08.2
345	Gwyneth Richings		528	F	19 F 20-39		53:10.2
346	Simon Hale		273	M	62 M 45-49		53:11.6
347	Martin Hall		274	M	33 M 50-54		53:12.5
348	Jonothan Tooth		620	M	46 M 40-44		53:12.7
349	Paul Hannatt	Brafe	282	M	121 M 20-39		53:15.4
350	Bob Whiting		659	M	17 M 55-59		53:22.2

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Place	Name	Team	Bib No	Gender	Age Group	Place	Gun Time
351	Greg Dodds		176	M	122 M 20-39		53:24.8
352	Keith Fisher		209	M	34 M 50-54		53:26.2
353	Nick Falconer		201	M	63 M 45-49		53:28.9
354	Alan Backhouse	Gressingham Foods	22	M	123 M 20-39		53:30.4
355	Chris Moss		441	M	18 M 55-59		53:32.1
356	Tim Baugh		41	M	64 M 45-49		53:35.8
357	William Carr		93	M	124 M 20-39		53:36.5
358	Graham Thompson		610	M	47 M 40-44		53:37.3
359	Clive Day	Ufford Park	166	M	125 M 20-39		53:41.5
360	Paul Ridgeon	Gasenergy	530	M	126 M 20-39		53:44.4
361	Tim Finegan	Felixstowe RRC	206	M	35 M 50-54		53:50.2
362	Steven Seinet-Martin	Felixstowe RRC	550	M	19 M 55-59		53:53.7
363	Neil Parker		481	M	127 M 20-39		53:57.8
364	Alex Allen		7	M	128 M 20-39		53:58.7
365	Pippa Cresdee		147	F	20 F 20-39		53:58.8
366	Tim Hanson		283	M	48 M 40-44		54:03.6
367	Mark Deabill	Gressingham Foods	167	M	65 M 45-49		54:05.3
368	Dan Probert	Adnams	508	M	129 M 20-39		54:08.1
369	Catherine Walsh	Anchor	642	F	5 F 50-54		54:08.3
370	Susannah Prichard	Stowmarket Striders RC	506	F	21 F 20-39		54:09.4
371	Jason Smy		576	M	130 M 20-39		54:09.4
372	Leslie Basham	Stowmarket Striders RC	39	M	7 M 60-64		54:11.8
373	John Leonard		377	M	36 M 50-54		54:15.6
374	Phil Matthews	Gasenergy	410	M	49 M 40-44		54:21.0
375	Demi Brooks		73	F	22 F 20-39		54:22.3
376	Steven Brooks		75	M	131 M 20-39		54:23.0
377	Matthew North		458	M	132 M 20-39		54:29.4
378	Tracey Catling		101	F	11 F 40-44		54:31.6
379	Michael Broom		77	M	66 M 45-49		54:33.1
380	Clare Moodie		434	F	23 F 20-39		54:33.4
381	Neal Goldsmith		250	M	133 M 20-39		54:34.7
382	Keith Parker		480	M	20 M 55-59		54:36.9
383	Alok Ruia	Woodbridge Shufflers RC	539	M	67 M 45-49		54:38.3
384	Kevin Aylmer		21	M	68 M 45-49		54:39.0
385	Jake Read		516	M	14 M 0-19		54:40.2

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Place	Name	Team	Bib No	Gender	Age Group Place	Gun Time
386	Robyne Ingle	Smart421	325	F	24 F 20-39	54:40.3
387	Jill Anderson	Framlingham Flyers	10	F	3 F 55-59	54:41.1
388	Sarah Lloyd		384	F	12 F 40-44	54:55.1
389	Tammy Backhouse		23	F	25 F 20-39	54:57.1
390	Kate Stannett	Ipswich Triathlon Club	583	F	6 F 50-54	54:58.7
391	Anna Sinclair		561	F	13 F 40-44	55:00.0
392	Chris Slemmings	Ipswich Triathlon Club	564	M	8 M 60-64	55:00.5
393	Glynis Leach	Anchor	370	F	4 F 55-59	55:06.8
394	Darrell Atkinson	Martlesham Leisure	20	M	134 M 20-39	55:07.9
395	Sarah Vickers		636	F	7 F 45-49	55:08.5
396	David Lampard	Felixstowe RRC	363	M	69 M 45-49	55:14.5
397	Jack Bishop		57	M	15 M 0-19	55:15.5
398	Ben Brumby		80	M	135 M 20-39	55:16.6
399	David Maile		396	M	21 M 55-59	55:21.6
400	Carol Lilley		381	F	8 F 45-49	55:24.5
401	Chris Childs		111	M	50 M 40-44	55:26.2
402	Lucy King		358	F	9 F 45-49	55:26.6
403	Jon Moodie		435	M	51 M 40-44	55:29.2
404	Emma Meiring		424	F	14 F 40-44	55:32.6
405	Victoria Smith		574	F	26 F 20-39	55:35.3
406	Sue Fry		228	F	27 F 20-39	55:41.1
407	William Catchpole	Ipswich Triathlon Club	99	M	37 M 50-54	55:44.3
408	Jonathan Parker		479	M	70 M 45-49	55:44.9
409	Shirley Batchelor		40	F	7 F 50-54	55:45.4
410	Garrad John Richens		527	M	71 M 45-49	55:46.6
411	Stuart Abbott	Woodbridge Shufflers RC	2	M	136 M 20-39	55:47.7
412	Greg Russell		541	M	38 M 50-54	55:49.8
413	Maureen Wright	Ipswich JAFFA RC	685	F	1 F 65-69	55:50.5
414	Laura Collinson		125	F	15 F 40-44	55:53.2
415	Pippa Milton		433	F	10 F 45-49	55:53.3
416	Joseph McDermottroe		417	M	137 M 20-39	55:53.9
417	Steve Wilding	Ipswich JAFFA RC	665	M	39 M 50-54	55:55.6
418	Roger Sales	Martlesham Leisure	544	M	9 M 60-64	56:08.5
419	Michael Grist	Barretts of Woodbridge	270	M	72 M 45-49	56:10.9
420	Oliver Friston		221	M	16 M 0-19	56:12.7

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Place	Name	Team	Bib No	Gender	Age Group	Place	Gun Time
421	Adam Andrew		11	M	138 M 20-39		56:20.9
422	Tracey Childs		112	F	28 F 20-39		56:22.1
423	Tamasin Wood	Framlingham Flyers	682	F	29 F 20-39		56:28.8
424	Emma Gray		261	F	30 F 20-39		56:29.8
425	Matt Purling	Adnams	510	M	139 M 20-39		56:31.3
426	Leonora Chandler		107	F	31 F 20-39		56:32.8
427	Joseph Chandler		106	M	73 M 45-49		56:33.3
428	Will Colson	Gasenergy	126	M	140 M 20-39		56:39.4
429	Paul Mackender		390	M	141 M 20-39		56:40.4
430	Jefferson Hardy		286	M	52 M 40-44		56:46.9
431	David Keeble		350	M	53 M 40-44		56:49.1
432	Lesley Cooper	Felixstowe RRC	138	F	16 F 40-44		56:51.2
433	Adam Starling		584	M	142 M 20-39		56:52.5
434	Carol Edworthy		189	F	17 F 40-44		56:56.9
435	Steve Ward	Anchor	646	M	40 M 50-54		56:58.0
436	David Tillett		618	M	54 M 40-44		56:58.9
437	Simon Abbott	Gasenergy	1	M	74 M 45-49		56:59.1
438	Jo Parden	Framlingham Flyers	477	F	11 F 45-49		56:59.3
439	John Cummings		151	M	41 M 50-54		57:00.3
440	Michael Linnett		383	M	75 M 45-49		57:01.7
441	Liz Beighton	Stowmarket Striders RC	47	F	32 F 20-39		57:06.4
442	John Foster	Waldringfield Basset Hound Chasers	216	M	10 M 60-64		57:09.9
443	Jon Brooks		74	M	55 M 40-44		57:16.9
444	Paul Winter	Ipswich Building Society	677	M	11 M 60-64		57:19.5
445	Heidi Noble		456	F	18 F 40-44		57:20.9
446	Larry Booth	Gasenergy	62	M	56 M 40-44		57:24.4
447	Tanya Whitehead		658	F	19 F 40-44		57:25.8
448	Lisa Cooper		139	F	33 F 20-39		57:26.5
449	Steven Reynolds		521	M	42 M 50-54		57:28.5
450	Amanda Deacon		168	F	34 F 20-39		57:31.0
451	Mike Hill		302	M	12 M 60-64		57:32.5
452	Rosemary Kearton		348	F	35 F 20-39		57:37.5
453	Teresa Bailey		27	F	20 F 40-44		57:38.1
454	Mark Exton		196	M	57 M 40-44		57:41.3
455	Gary Barker		35	M	76 M 45-49		57:43.1

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Place	Name	Team	Bib No	Gender	Age Group	Place	Gun Time
456	Amy Smith		567	F	36 F 20-39		57:45.2
457	Kelly Glading		246	F	37 F 20-39		57:45.4
458	Paul Catchpole	Gressingham Foods	97	M	22 M 55-59		57:51.8
459	Melody Raw		515	F	12 F 45-49		57:52.6
460	Oliver Mummery		446	M	143 M 20-39		57:53.0
461	Scott Gillies		242	M	77 M 45-49		57:53.1
462	Rebecca Scott-Charters		547	F	38 F 20-39		57:53.3
463	Kathryn Gerry	Woodbridge Shufflers RC	238	F	21 F 40-44		57:57.0
464	Laura Keeble		351	F	39 F 20-39		57:57.3
465	Alison Chambers	Framlingham Flyers	105	F	40 F 20-39		57:58.0
466	Paul Cheshire		109	M	43 M 50-54		58:07.8
467	Alison Taylor		603	F	13 F 45-49		58:21.1
468	Jason Throp	Gasenergy	615	M	78 M 45-49		58:25.4
469	Gillian Wakenhut		638	F	14 F 45-49		58:27.7
470	Andrew Frost		223	M	79 M 45-49		58:34.5
471	Nick Partridge		485	M	144 M 20-39		58:35.0
472	Nik Armes		17	M	145 M 20-39		58:35.2
473	Dan Harrington	Geoff Fuller Memorial	288	M	58 M 40-44		58:36.2
474	Natalie Blackburn		59	F	41 F 20-39		58:36.9
475	Julie Thurlow	Ipswich JAFFA RC	617	F	5 F 55-59		58:41.2
476	John Clough		120	M	44 M 50-54		58:46.6
477	James Jay	Anchor	330	M	45 M 50-54		58:48.7
478	Marianne Burnell	Ipswich JAFFA RC	85	F	1 F 60-64		58:52.6
479	Nick Wellington	Geoff Fuller Memorial	653	M	59 M 40-44		58:53.7
480	Judy Hardcastle	Clopton Emu Breeders	284	F	2 F 60-64		59:00.5
481	Sarah Downey		184	F	42 F 20-39		59:01.4
482	Chris Reeve		519	M	146 M 20-39		59:06.2
483	Charlotte Brooks	Gasenergy	72	F	43 F 20-39		59:08.6
484	Helen Phillips	Felixstowe RRC	496	F	15 F 45-49		59:15.6
485	Mark Chapman	Barretts of Woodbridge	108	M	46 M 50-54		59:26.9
486	Jonathan Knight		361	M	80 M 45-49		59:32.5
487	Tessa Catchpole	Ipswich Triathlon Club	98	F	8 F 50-54		59:40.3
488	Alan Howarth		316	M	81 M 45-49		59:41.5
489	Jon Davies		159	M	60 M 40-44		59:44.9
490	Kellie Myers		449	F	44 F 20-39		59:46.6

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Place	Name	Team	Bib No	Gender	Age Group	Place	Gun Time
491	Ian Hammond		278	M	82 M 45-49		59:47.4
492	Alice Bull		84	F	45 F 20-39		59:48.3
493	Sarah Davis	Ufford Park	162	F	46 F 20-39		59:49.0
494	Nancy Hammond	Hadleigh Hares AC	279	F	16 F 45-49		59:52.3
495	Nikki Stokes	Ufford Park	590	F	47 F 20-39		59:57.7
496	Kelly Calver		90	F	48 F 20-39		1:00:00.7
497	Eileen Fryer		225	F	3 F 60-64		1:00:06.6
498	Felicia Kirk	Ufford Park	359	F	22 F 40-44		1:00:06.7
499	Anna De'Ath		170	F	49 F 20-39		1:00:09.0
500	Anna Sharpin		552	F	23 F 40-44		1:00:13.0
501	Emma Nesling		452	F	24 F 40-44		1:00:23.0
502	Vicky Platt		499	F	50 F 20-39		1:00:23.1
503	Vicki Allen		8	F	51 F 20-39		1:00:23.8
504	John Graham		259	M	61 M 40-44		1:00:25.0
505	James John	Clopton Emu Breeders	336	M	147 M 20-39		1:00:25.2
506	Gemma Smith		568	F	52 F 20-39		1:00:33.1
507	Carol Stroud	Barretts of Woodbridge	597	F	25 F 40-44		1:00:34.4
508	Daniel Bayford	Barretts of Woodbridge	42	M	148 M 20-39		1:00:35.6
509	Toby Robins		535	M	62 M 40-44		1:00:36.2
510	Anika Shenfield		554	F	26 F 40-44		1:00:38.2
511	Helen Lugo		388	F	17 F 45-49		1:00:39.0
512	Jonathan Ripman		531	M	23 M 55-59		1:00:43.6
513	Mark Crompton		149	M	83 M 45-49		1:00:46.4
514	Laura Squirrell		579	F	27 F 40-44		1:00:53.9
515	Vincent Hunt	Barretts of Woodbridge	321	M	47 M 50-54		1:01:06.9
516	Andrea Dix	Smart421	174	F	28 F 40-44		1:01:29.9
517	Martin Fish		210	M	149 M 20-39		1:01:35.6
518	Catherine Lerner	Woodbridge Shufflers RC	366	F	29 F 40-44		1:01:37.5
519	Niki Macsephney	Ipswich JAFFA RC	394	F	30 F 40-44		1:01:37.9
520	Karen Beven	Gasenergy	54	F	18 F 45-49		1:01:39.3
521	William Brammar		68	M	1 M 70-99		1:01:40.3
522	Diane Doyle	Framlingham Flyers	185	F	53 F 20-39		1:01:56.2
523	Dick Partridge		484	M	24 M 55-59		1:01:59.6
524	Helen Mulley		445	F	31 F 40-44		1:01:59.9
525	Ruth Owen		474	F	54 F 20-39		1:02:21.3

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Place	Name	Team	Bib No	Gender	Age Group Place	Gun Time
526	Gemma Adams		3	F	55 F 20-39	1:02:23.5
527	Kevin Yule		688	M	48 M 50-54	1:02:29.0
528	Tracey Needham	Ipswich JAFFA RC	450	F	32 F 40-44	1:02:39.8
529	Piotr Toczynski	Gressingham Foods	619	M	150 M 20-39	1:02:47.9
530	Kelly Mann		400	F	56 F 20-39	1:02:56.0
531	Kathy Wilton	East Green Energy	675	F	6 F 55-59	1:03:01.6
532	Christopher Lucas	The Saxons	387	M	49 M 50-54	1:03:08.2
533	Bert Hatcher	Ipswich JAFFA RC	290	M	2 M 65-69	1:03:19.7
534	Victoria Pearson		490	F	57 F 20-39	1:03:31.7
535	Jo Middleton		428	F	19 F 45-49	1:03:38.5
536	Erika Clow		121	F	58 F 20-39	1:03:39.9
537	Christine Ugolini		630	F	9 F 50-54	1:03:40.6
538	Lukasz Grenczak	Gressingham Foods	269	M	151 M 20-39	1:03:50.9
539	Rolando Ugolini		631	M	50 M 50-54	1:04:00.0
540	Kim Jervis		334	F	59 F 20-39	1:04:00.5
541	Patrick Cook		133	M	152 M 20-39	1:04:01.0
542	Alan Hill		301	M	13 M 60-64	1:04:03.8
543	Philippa Starling		585	F	60 F 20-39	1:04:05.7
544	Tracey Morgan		438	F	33 F 40-44	1:04:08.3
545	Kathryn Donovan	Kings Head	180	F	20 F 45-49	1:04:16.2
546	Lucy Ball	Kings Head	32	F	61 F 20-39	1:04:16.4
547	Jo Hedges		295	F	21 F 45-49	1:04:31.5
548	Helen Peck		491	F	62 F 20-39	1:04:35.3
549	Alison Leech	Stowmarket Striders RC	373	F	34 F 40-44	1:04:35.6
550	Maxine Cooper		140	F	35 F 40-44	1:04:38.6
551	Melanie Ash		19	F	63 F 20-39	1:04:42.1
552	Sarah Owen		475	F	64 F 20-39	1:04:47.7
553	Donald Turner		623	M	84 M 45-49	1:04:52.6
554	Abigail Nunn		459	F	65 F 20-39	1:05:01.6
555	Emma Marrett		401	F	66 F 20-39	1:05:01.8
556	Fiona Donaldson		179	F	67 F 20-39	1:05:06.6
557	Susan Jerstice		333	F	36 F 40-44	1:05:11.2
558	Carol Street	Ipswich JAFFA RC	594	F	7 F 55-59	1:05:14.5
559	Eric Orme		465	M	85 M 45-49	1:05:16.4
560	Rachel Hussey		324	F	37 F 40-44	1:05:21.6

Woodbridge Shufflers 10K Race
10K Overall Finish List
May 20, 2012
Results By Mucky Races

Place	Name	Team	Bib No	Gender	Age Group	Place	Gun Time
561	Miles Vartan	Gasenergy	634	M	86 M 45-49		1:05:29.4
562	Susan Shervington		557	F	4 F 60-64		1:05:37.0
563	Christopher Gibbins		239	M	3 M 65-69		1:05:37.6
564	Toby Brown		78	M	153 M 20-39		1:05:58.4
565	Lorna Williamson-Brown		670	F	38 F 40-44		1:05:58.4
566	Kathryn Stewart		587	F	68 F 20-39		1:06:09.7
567	Donovan Blake		61	M	87 M 45-49		1:06:10.5
568	Daryl Butcher	Brafe	88	M	25 M 55-59		1:06:12.5
569	Nicola Hewitt		299	F	69 F 20-39		1:06:18.4
570	Claire Fellstrom		204	F	10 F 50-54		1:06:24.7
571	Katherine Slemmings		565	F	70 F 20-39		1:06:27.2
572	Jennifer Davy		163	F	71 F 20-39		1:06:44.6
573	Stephen Fryer		226	M	14 M 60-64		1:07:23.0
574	Martin Sinclair		562	M	63 M 40-44		1:07:31.8
575	Michele Ostler		468	F	11 F 50-54		1:07:48.6
576	Lindsey Ward		645	F	22 F 45-49		1:07:48.9
577	Sophie Morley		439	F	72 F 20-39		1:07:55.1
578	Ann Youngs		687	F	8 F 55-59		1:08:17.0
579	Stacey Burrows	Brafe	87	F	73 F 20-39		1:08:47.0
580	Peter Thompson		611	M	4 M 65-69		1:09:09.5
581	Mary Marshall		404	F	2 F 65-69		1:09:28.4
582	Peter Turner	Framlingham Flyers	625	M	26 M 55-59		1:10:12.2
583	Parvaneh Goodwin		256	F	12 F 50-54		1:10:47.8
584	Yvonne Sylvester		600	F	13 F 50-54		1:12:45.9
585	Donna Curtis	Woodbridge Complementary Health Centre	153	F	74 F 20-39		1:17:57.6
586	Yasmin Ruia	Woodbridge Complementary Health Centre	540	F	5 F 0-19		1:17:58.0
587	Stephen Henry	Woodbridge Rugby Club	297	M	51 M 50-54		1:19:41.5
588	Valerie Murray		448	F	1 F 70-99		1:24:23.2
589	Eleanor Fuller		230	F	6 F 0-19		1:24:34.8